

OZARK

Taekwondo



Presents:

The Missouri Ozark AAU 2025 National Qualifier

May 10th 2025

EVENTS

SPARRING

OLYMPIC • POINT • PARA

POOMSAE

WT • ITF • OPEN • TSD/MDK

BREAKING

SPEED CUTKICK
SPEED SPIN HOOK KICK
POWER PALM/ELBOW STRIKE
POWER FOOT TECHNIQUE

WEAPONS

Weapons Forms



ADDRESS:

Steel Shop Athletics
49 Lawrence St, St
Charles, MO 63301
Doors open at 7
Start time 8



REGISTER

EARLY:
MARCH 1 - 14
\$89 • \$10 / ADDITIONAL EVENT

REGULAR:
MAR 15 - APRIL 19
\$99 • \$10 / ADDITIONAL EVENT

LATE:
APRIL 20 - MAY 7
\$109 • \$15 / ADDITIONAL EVENT

Call Our Director
Master John Szyhowski
1 (314) 277-0021

Register Online:
www.tourneyreg.net
Missouri Ozark AAU National Qualifier

*This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership.
*AAU membership may not be included as part of the entry fee to the event.
*AAU Youth Athlete membership must be obtained before the competition begins.
*BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
*Please allow at least 10 days for membership to be processed.
*Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.



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