



## AAU GIRLS JR. HIGH & HIGH SCHOOL STATE

### TEAM IOWA QUALIFIER

MARCH 5<sup>th</sup>, 2023

**ALLIANT ENERGY POWERHOUSE, CEDAR RAPIDS**

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#### JR. HIGH SCHOOL DIVISION:

**Division A:** Grade: 7-8: Periods 2-1-1 83, 90, 97, 104,112, 120, 128, 136, 145, 155, 165, 175, 200, 200+\*\*\*

#### HIGH SCHOOL DIVISION WITH 14 NFHS WOMEN'S WEIGHT CLASS MODEL:

**Division B:** Grade: 9-12: Periods 2-1-1 100, 105, 110, 115,120, 125, 130, 135 ,140, 145, 155, 170, 190, HWT\*

\*We reserve the right to combine weight classes that have 3 or less wrestlers.

\*\* Jr. High Athletes May Wrestle Up in High School Division to Qualify For Team Iowa High School Team

\*\*\*No Double Bracketing

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**K-2<sup>nd</sup> Grade divisions are incorporated with AAU SUPER PEE-WEE - Young Arena - Waterloo, IA**  
**3<sup>RD</sup>-6<sup>TH</sup> Grade divisions are incorporated with AAU GIRLS STATE –February 26<sup>th</sup>- Des Moines, IA**

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**AWARDS:** TOP EIGHT RECIEVES PLACEMENTS MEDAL. CHAMPION RECIEVES AAU STATE CHAMPIONSHIP WALL CHART AND A CHAMPIONSHIP AWARD!!

**WEIGH-INS:** Alliant Energy Powerhouse, 370 1<sup>st</sup> AVE. NE, Cedar Rapids, IA 52401. Saturday March 4<sup>th</sup>, 2023, 5-8 pm. Must weigh-in in singlet. Please verify spelling of wrestler's name and make changes at weigh-ins. If updates are made, it will be announced through TrackWrestling email system.

**Registration:** Entry fee is \$35 online registration at [www.trackwrestling.com](http://www.trackwrestling.com). **Deadline is February 26<sup>TH</sup>,2023.** **MUST BRING AAU Cards, PROOF OF GRADE, & Birth Certificate to weigh ins or upon request during competition.** All AAU cards must be purchased prior to weigh-ins.—NOT sold at door. Purchase online at: [www.ausports.org](http://www.ausports.org) AAU card is not proof of age.

**Eligibility:** Registrations are limited to Iowa Residents and previous Team Iowa Members. Exceptions will be voted upon by committee and only made to support event brackets or to provide an opportunity to further grow Iowa women's wrestling.

**Admission:** \$15.00 adults/\$10 student (ages 5-12)/ Free for kids 5 &under. Tickets can be purchased at **Alliant Energy Powerhouse Box Office Only**

**Coaches and Floor Passes:** **Coaches must have an AAU card to be on the mat.** Coaches' bands will be \$20 and includes admission and access to the mats. Must have ID and be present to purchase pass. **Floor pass:** \$25 This allows you onto the floor but not onto the mats. Passes are to be picked up at weigh-ins and admission to be purchased at box office.

**\*This event is hosted by: IOWA AAU\***





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**TEAM IOWA / NATIONAL SCHOLASTIC DUAL QUALIFIER:**

**THIS EVENT IS THE IOWA DISTRICT QUALIFIER**

To advance to a National Dual Championship, your team must participate in this AAU State Qualifier. Please contact your District Girls Wrestling Chair to obtain guidelines, and approval to compete. **ANY NON-IOWA AAU GIRLS' TEAM IOWA TEAMS WISHING TO ATTEND MUST FIRST CONTACT YOUR DISTRICTS GIRL'S DIRECTOR. NO EXCEPTIONS.** Permission will be granted on a case-by-case bases. Progressive teams encouraged to form.

**\*\*\*\*\*NEW TEAM IOWA COACH QUALIFIER\*\*\*\*\***

**2023 AAU Girls Jr. High And High School State Team Champions May Nominate 1 Coach to Join 2023 National Scholastic Duals Team Iowa Staff**

**\*Dependent on participation and interest we will fill 2-4 teams for Team Iowa to all three AAU Girls National Duals. Twin Rivers, Scholastic (Disney), and Jr. Olympics.**

**Deposits and sign up for Scholastic and Jr. Olympics will begin at this AAU Girls State Event.**

- Doors will open at 7 am, OPENING CEREMONIES 7:45am, and Wrestling will begin at 8 am
- All matches will be wrestled using the numeric match system on **TrackWrestling**. Each weight class will be assigned a mat that they will wrestle for most of the day. Matches will move as mats open and will be announced.
- Certified Officials and Trainers. Head gear not required. Mouthguards are required for braces. Folkstyle tournament rules apply identically to AAU Kids State.
- There will be **"NO MINIMUM WAIT TIME"**. A brief 1-2 match break will be given if the athlete is called onto a mat as they leave a match or while they are still wrestling.
- No coolers or food containers are allowed in the auditorium.
- A professional photographer will be providing podium pictures for purchase.
- **Streaming details to be released at later date**
- Make sure any skin conditions are controlled and covered with a doctor's note.
- **Event T-shirt:** A flyer will be emailed as event approaches via email list generated from track wrestling registrations. These are to be **purchased online** and are to be picked up at Girl's State weigh-ins **100%** of all sales goes toward **"Iowa AAU Girls Wrestling"**.

Questions? Contact: AAU Girls Director: Jason Loyd [girlsinfo@iowaaugirls.com](mailto:girlsinfo@iowaaugirls.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

**BE PREPARED!** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.