

**AAU Track and Field  
Southeastern District Qualifier Meet  
June 8, 2019**

**Hosted by Rutherford County TC and Front Runners TC**



**DATE:** June 8, 2019

**LOCATION:** Nolensville High School  
1600 Summerlyn Dr  
Nolensville, TN 37135

**HOST:** Rutherford County Track Club & Front Runners Track Club

**ENTRY DEADLINE:** June 5, 2019 11:59pm - Online registration at [Coacho.com](http://Coacho.com)

**ENTRY FEE:** \$20 per Athlete

**ADMISSION:** \$5 per spectator (cash only), children 3 and under free

**AGE DIVISION:** Participants will be divided into nine (9) age divisions for boys and girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.

**NOTE:** Athletes who are eighteen (18) years of age through August 4, 2019 shall be eligible to compete in the Young Men's or Young Women's age division

**TIME:** Field events will start at 7:30am Track events will start at 8:00am

**ELIGIBILITY**

Competition is open to all boys and girls who have a valid/current AAU registration card and currently reside in the Southeastern District AAU. For AAU Team and individual registration please visit the AAU web site at: [www.aauathletics.org/](http://www.aauathletics.org/)

**PROTESTS:** Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A **\$75.00** cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final. **IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.**

## EVENTS LIMITS

- There is a three (3) event maximum for the 8-Under thru 12 year old divisions. There is a four (4) events maximum for 13-18 year old divisions. EVENT MAXIMUM includes RELAYS AND FIELDS EVENTS. Team members must be declared with alternates (up to 8 athletes total per relay team). AAU Age Divisions will be followed.
- To find which events are contested in each age group visit:  
<http://aaathletics.org/Rules/RulesHandbook.aspx>

## AWARDS AND QUALIFYING FOR REGIONAL MEET

- The **top 16** in each event advance to Regional at University of Tennessee, Knoxville, TN (June 26 – June 29th 2019). The top 3 finishers in each event will receive medals. **All “Multi-Events”, Pole Vault, Javelin, and Steeplechase athletes will automatically advance to Regional.** Each participant/athlete must register and pay to enter a District Qualifier regardless of participation and/or waiver in order to be advanced to the Regional Qualifier.
- TEAM awards will be given out

## EVENT SCHEDULE

- The meet will run on a **rolling schedule** moving from youngest to oldest age groups; Girls first, then Boys to follow in each age group
- All races are section time finals - **NO PRELIMS**
- 3 jumps/throws for horizontal jumps/throws
- **Field events will start at 7:30 AM, Running events will start at 8 AM**

*YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE*

## ORDER OF EVENTS

Field Events\*

### 7:30 AM

Long Jump: Youngest (girls, then boys) to oldest (girls, then boys)

Triple Jump: Girls and Boys Triple Jump will start 30 minutes after the end of Long Jump beginning with 13G,14G,15-16G,17-18G, Boys follow immediately afterwards

Girls Discus: (1.0kg): 11,12,13,14,15-16,17-18G

Boys Discus: (1.6kg): Boys will start immediately at the end of Girl Discus beginning with 11B

Girls High Jump: 9G,10G,11G,12G,13G,14G,15-16G,17-18G

Boys High Jump: will start immediately at the end of Girl High Jump beginning with 9B

Boys Shot Put: 8-Under (4lbs.) 9B,10B,11B,12B (6 lbs.) 13B,14B (4 kg) 15-16B (12 lbs.) 17-18B( 12lbs)

Girls Shot Put: will start immediately at the end of Boys Shot Put beginning with 8-Under G

Turbo-Jav: 8-Under(300g), 9 - 12 (400g); all girls, then all boys

Running Events

### 8:00 AM

1500-3000m RW

3000m Run.

80m Hurdles (30” 11-12G/B)

100m Hurdles (30” 13-14G ), (33” 13-14B), (33” 15-18G)

110m Hurdles (39” 15-18B)

4x100m Relay

800m Run

100m Dash  
400m Dash  
4x800m Relay  
400m Hurdles (30" 15-18 G), (36" 15-18 B)  
200m Hurdles (30" 13-14 G/B)  
1500m Run  
200m Dash  
4x400m Relay

***\*Competitors should bring their own implements to be used at the meet.***

We will have a Concession with drinks and an Ice Truck available at the meet. Coaches are allowed to bring food and drinks for their athletes. Spectators may bring coolers.

COACHES PASS \*Five (5) is the maximum number of complimentary Coaches Credential passes that will be issued to any given club. Clubs/teams will receive coach's credentials (passes) based on the following formula: □ 1-10 Athletes One (1) Coach's Pass per club □ 11-20 Athletes Two (2) Coach's Pass per club □ 21-30 Athletes Three (3) Coach's Pass per club □ 31-40 Athletes Four (4) Coach's Pass per Club □ 41+ Athletes Five (5) Coach's Pass per club

Coaches and Athletes must have on wristband on wrist to enter meet

**SPECIAL NOTE:**

- 1) Some distance races may be combined due to the number of participants.
- 2) ALL 15-16 & 17-18 age MUST use starting blocks.

Tents and Large Patio Umbrellas' in stands on top 5 rows only and not in front of Press Box.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.**

Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership

**FOR MORE INFORMATION:**

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