

Southern AAU
Karate
2024 District 9 Super Regionals
May 11, 2024
Hosted by Joseph Giluso
Ponchatoula Karate Center, Ponchatoula , LA

AGE GROUPS: 5-17 Yrs Old, 18-34 Yrs Old, 35 + Yrs Old

ENTRY FEE: \$65.00

ENTRY FEE PAYABLE TO: Joseph Giluso

ENTRY DEADLINE: May 20, 2024

SIGN UP AT: www.jka-p.com

AWARDS: 1st 2nd and 3rd place AAU medals

RULES: AAU Rules

ADDITIONAL INFO: Location: Ponchatoula Area Recreation District
19030 Ponchatoula Drive
Ponchatoula, LA 70454

FOR MORE INFORMATION:

Joseph Xavier Giluso
jgiluso@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.