

**North Carolina AAU  
Gymnastics  
Foothills Frostbite Invite  
January 8, 2022**

**Hosted by Foothills Gymnastics  
Foothills Gymnastics, Hickory, NC**

**AGE GROUPS:** Youth Level 1, Youth Level 2, Youth Level 3, Youth Level 4, Youth Level 5, Youth Level 6, Youth Level 7, Youth Level 8, Youth Open Optional, Youth Excel Bronze, Youth Excel Silver, Youth Excel Gold, Youth Excel Platinum, Youth Excel Diamond, Ruby, Ruby Stars, Adult Excel Adult Excel Silver, Adult Excel Gold, Adult Excel Platinum, Adult Excel Diamond, Adult Open Optional

**ENTRY FEE:** \$80.00

**ENTRY FEE PAYABLE TO:** Foothills Gymnastics Training Center

**ENTRY DEADLINE:** December 10, 2021

**AWARDS:** 100 % all around  
50% +1 Events

**FOR MORE INFORMATION:**

Shawn Francis Bryant  
shawn@foothillsgym.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.