

**Alaska AAU  
Powerlifting**  
**AAU Fall Powerlifting Challenge**  
**October 21, 2017**  
Hosted by Turnagain Crossfit  
Alaska Powerlifting, Anchorage, AK

**AGE GROUPS:** 20-23 Yrs Old, 5 & under, 24-34 Yrs Old, 6 & 7 Yrs old, 35-39 Yrs Old, 8 & 9 Yrs Old, 10 & 11 yrs old, 40-44 Yrs Old, 12 & 13 Yrs Old, 45-49 Yrs Old, 14 & 15 Yrs Old, 50-54 Yrs old, 16 & 17 Yrs old, 55-59 Yrs Old, 18 & 19 Yrs old, 60-64 Yrs Old, 65-69 Yrs old, 70-74 Yrs old, 75-79 Yrs old, 80-84 Yrs Old, 85-89 Yrs Old, 90 + Yrs Old

**ENTRY FEE:** \$40.00

**ENTRY FEE PAYABLE TO:** Robert Schmidt

**ENTRY DEADLINE:** October 21, 2017

**SIGN UP AT:** <https://www.eventbrite.com/e/aau-powerlifting-challenge-at-turnagain-crossfit-tickets-368007971>

**AWARDS:** 1-3 Overall by Wilks

**RULES:** AAU Powerlifting Rules

**ADDITIONAL INFO:** Questions contact Rob Schmidt 907-317-4545

**FOR MORE INFORMATION:**

Robert Hans Schmidt  
(907) 316-4545  
rhs907@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.