

**North Carolina AAU**  
**Gymnastics**  
**2025 NC AAU Polish Clinic**  
**April 5 - 6, 2025**  
**Hosted by Carolina Flipz**  
**Carolina Flipz, PINEVILLE, NC**

**AGE GROUPS:** Youth Level 6, Youth Level 7, Youth Level 8, Youth Level 9, Youth Level 10, Youth Copper, Youth Bronze, Youth Silver, Youth Gold, Youth Platinum, Youth Diamond, Youth Sapphire, Youth Boys 4X4

**ENTRY FEE:** \$99.00

**ENTRY FEE PAYABLE TO:** Carolina Flipz

**ENTRY DEADLINE:** March 29, 2025

**SIGN UP AT:** <https://www.meetmaker.com/meetreg?eid=8683>

**AWARDS:** N/A

**RULES:** For AAU athletes and coaches only. One coach must be on site with an athlete from their club for any sessions they have athletes attending.

**ADDITIONAL INFO:** Get one on one feedback with clinicians and judges on each event to polish your routines by reviewing the fine details of how to improve your scores and to prepare to do your best at AAU State, Regionals & Nationals!

**FOR MORE INFORMATION:**

Angela Renee Davis  
[carolinaflipz@gmail.com](mailto:carolinaflipz@gmail.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.