

# BOISE DIVING CLUB

## INVITATIONAL

**March 2024**

Friday 8<sup>th</sup> @ 5pm  
Saturday 9<sup>th</sup> @ 9am

### West Boise Aquatics Center

5959 North Discovery Way, Boise, ID 83713  
Two 1m springboards, Two 3m springboards Depth = 13ft

### Events 1m & 3m:

Novice (same age groups as below:  
Boys & Girls 6 skills or dives

9-: Voluntary max 5.4(1m & 3m)

Boys and Girls 3 voluntary, 1 optional

10-11: Voluntary max 5.4(1m & 3m)

Boys and Girls 3 voluntary, 2 optional

12/13: Voluntary max 9.0(1m), 9.5(3m)

Girls 4 voluntary. 2 optional

Boys 4 voluntary, 3 optional

14/15: Voluntary max 9.0(1m), 9.5(3m)

Girls 5 voluntary, 3 optional

Boys 5 voluntary. 4 optional

16-18: Voluntary Max 9.0(1m), 9.5(3m)

Girls 5 voluntary 4 optional

Boys 5 voluntary 5 optional

19+(3m only): Men & Women

6 optional from 5 different groups



### Entry Fee:

\$25 per event

Please register at

[DiveMeets.com](https://www.dive-meets.com)

Deadline: March 1<sup>st</sup>

### Schedule:

3/07: Open Practice 5:45-6:45

3/08: Warmup 3m Events 4:30

Start Time 3m Events: 5:15

3/09: Warmup 1m Events: 8:45

Start Time 1m Events: 9:30

### Awards:

Medals: top 3 per event

Ribbons: Novice

### Contact:

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This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.