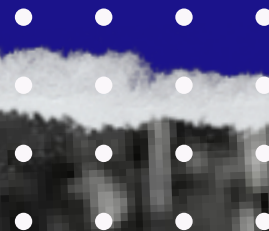




AAU Track & Field

***OKLAHOMA XC
DISTRICT QUALIFIER***

**NOVEMBER 18,
2023**



LOCATION:
RUBY GRANT PARK
4405 PENNINGTON CT
NORMAN, OK 73072

Entry Fee:

\$25

Registration:

www.coacho.com

Contact:

Bryan Daniels

405.535.5443

okaautrack@gmail.com

Schedule of Events

Start time: 9am (Rolling Schedule)

Girls & Boys 1K (age 6-under)

Girls & Boys 2k (age 7-8)

Girls & Boys 3K (age 9-10)

Girls & Boys 3K (age 11-12)

Girls & Boys 4k (age 13-14)

Girls & Boys 5K (age 15-18)

After the 1st race starts, each event after will start 10-15 min after the last finisher of previous race.

AAU Membership Guidelines:

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All Participants must have current AAU memberships before competition begins (pending status is not acceptable)

Visit www.aautrackandfield.org to obtain membership (Club, non-Athlete membership required)

Membership is not included in the event entry fee.



AAU National Championship
December 2, 2023
Apalachee Regional Park
Tallahassee, Fl

