

# Viking Gymnastics Invite

March 1-3, 2024

Hosted by Viking Gymnastics  
Niles, IL



Levels 2,3, 4, 5, 6 ,7, 8, Open and Excel

\$55.00

January 15, 2024

AWARDS: Awards for each individual attending , No Team Awards

FORMAT: Traditional or Modified Capitol Cup

RULES: Tournament will follow current AAU Girls  
Gymnastics Rules

ENTRY FEES PAYABLE TO: Viking Gymnastics -refunds for injury only up until February 1st.

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

## FOR MORE INFORMATION:

This event is for GIJO Gymnasts.

Competition will be held at Niles West High School, 5701 Oakton Street, Skokie, IL

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