



ST & FU Mini Meet #2
Rio Linda High School
6309 Dry Creek Rd., Rio Linda, CA 95673

Meet Directors

La Donna Aubert 916-475-7259

All meet entries must be completed on www.athletic.net
REGISTRATION CLOSSES AT 11:59 AM ON April 6, 2022

*This event is licensed by the Amateur Athletic Union of the U.S., Inc.

*All Age Divisions Are Determined By Birth Year

Packet Pick Up at 7:00am

Coaches Meeting 7:45am

Running and Field events will begin at 8:00am
And will continue on a rolling schedule.

This is an A, A, U sanctioned event,

Participants are encouraged to visit the AAU website www.aausports.org to obtain
their membership.

**PER SCHOOL AND INSURANCE RULES, ABSOLUTELY NO ANIMALS ALLOWED IN
STADIUM OR NEIGHBORING FIELDS/SCHOOL PROPERTY.**

START TIME 8:00
(Rolling Schedule after first event)

RUNNING EVENTS

EVENT	AGE GROUPS
1500M Race Walk	G/B 9 thru 18
3000M Race Walk	G/B 13 Thru 18
80M Hurdles	G/B 11-12
100M Hurdles	G/B 13-14
100M Dash	G/B 8 & U Thru 18
1500M Run	G/B 8 & U Thru 18
200M Run	G/B 8 & U, 9-10, 11-12, 13-14, 15-6, 17-18
4 X 400 M Relay	G/B 8 & U Thru 18 (Combined ages/gender allowed)

FIELD EVENTS

EVENT	AGE GROUPS
Discus	G/B 11-12, 13-14, 15-6, 17-18
Long Jump	G/B 17-18, 15-16, 13-14, 11-12, 9-10, 8 & U

PER SCHOOL AND INSURANCE RULES, ABSOLUTELY NO ANIMALS ALLOWED IN STADIUM OR NEIGHBORING FIELDS/SCHOOL PROPERTY.

TENTS ON OR IN ANY OF THE ORNAMENTAL GRASS AREAS ANYWHERE IN AND AROUND THE STADIUM. CLEANLINESS: Please clean your area before leaving the stadium. Garbage bags will be provided at packet pick up. Thanks for the great job you all did last year. It is much appreciated!

LATE ARRIVALS to the Long Jump must start at the **current round** without warm-up and without exception. **ALL WEATHER TRACK** 1/4" or 3/16" spikes are required. There will be 3 attempts in each field event,

NO CHRISTMAS TREE SPIKES !

NO COACHES OR PARENTS are allowed on the track area (except to set up marks in the Long Jump for athletes in age group 8 & Under.) Once the event starts, parents/coaches **MUST** leave the field. Repeated violations of this rule may cause athlete(s) to be disqualified or removed from event(s).

NO COACHES OR PARENTS IN THE CLERKING/HIPPING AREA. Repeated violations of this rule may cause athlete(s) to be removed from event(s).

ABSOLUTELY NO GRILLS OR BARBEQUES ALLOWED BY TEAMS AND SPECTATORS IN THE STADIUM OR PARKING LOT !

CONCESSIONS STAND will be available,

RESULTS POSTING: Results will be posted near the concessions area during the meet as soon after the competition as possible. Please visit www.athletic.net for final results approximately 1-2 Within days after the meet..

Medical Services & Security: There will be qualified personnel available and located on the field near the finish line. Additional medical facilities such as the Fire Department Rescue Unit are within minutes of the stadium.

THANKS for being patient and courteous to our volunteers & officials, we couldn't host this meet without them.

COMMUNITY SERVICE HOURS are available for High School students and Alternative Sentencing Program participants needing hours. Please have them contact one of the meet directors to volunteer and sign off your volunteer record/form.

PARKING: It has been noted that at several meets that many parking violations occur on a regular basis (parking in Fire lanes, in particular). For this reason, **PARKING WILL BE PATROLLED ON A RANDOM BASIS BY** the local Police Department.

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Reminder:

- This event is licensed by the Amateur Athletic Union of the U. S., Inc
- All participants must have a current AAU membership
- AAU membership may not be included as part of the entry fee to the event
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

- **Participants** are encouraged to visit AAU website www.aausports to obtain their membership

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