



NORTH CAROLINA AAU WRESTLING
PRESENTS

2023 AAU STATE CHAMPIONSHIP

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SATURDAY, MARCH 11, 2023

Hickory Metro Convention Center & Visitors Bureau
1960 13th Av. Drive SE, Hickory, NC 28602

Morning Session: TOT, BANTAM, MIDGET, JUNIOR

Afternoon Session: SCHOOL BOY, CADET, ELITE, OPEN DIVISIONS & HS Girls

ONLY NC RESIDENTS WITH AAU CARDS MAY PARTICIPATE

ALL WRESTLERS MUST PRE-REGISTER & PAY ONLINE BY THURSDAY,

MARCH 9th, 2023 AT MIDNIGHT

ENTRY FEE: \$40 (WRESTLERS MAY ONLY WRESTLE ONE DIVISION and ONE WEIGHT)

COACHES MEETING Saturday Morning, March 11th @ Hickory Metro Convention Center 8:15 AM

Doors will open at 7:00am on Saturday March 11th.

OPENING CEREMONIES BEGIN SATURDAY AT 8:45 AM

TOTS THROUGH JUNIORS WILL BEGIN WRESTLING AT 9:30 AM

SCHOOL BOYS through Girls Division and Open BEGIN AT 2:45 PM

**AAU CARDS REQUIRED FOR WRESTLERS AND COACHES
CARDS WILL NOT BE SOLD AT THE EVENT**

**(Please see Coaches information)
ADMISSION Individual - \$10.00 Children 5 & Under Free**

This event is licensed by the Amateur Athletic Union of the U.S. Inc. -All participants must have a current AAU membership -AAU membership may not be included as part of the entry fee to the event. -AAU Youth athletic membership must be obtained before the competition begins. BE PREPARED: Adult and Non- Athlete Memberships are no longer instant and CANNOT be applied for at event. Please allow 10 days for membership to be processed. Pending AAU Cards with not be accepted. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership prior to competition.

WRESTLER ELIGIBILITY

- All wrestlers must have a valid AAU card and be a resident of North Carolina.
- AAU cards will NOT be sold at the tournament.
- (AAU cards can be purchased online at <http://www.aausports.org>.)
- Online registration must be completed via <http://www.Trackwrestling.com>
- Entry Fee must be paid online (Pay online with Credit Card.)
- REGISTRATION CLOSES ON THURSDAY, MARCH 9, 2023 at MIDNIGHT.
- ONLINE WEIGHT CHANGES may be made & are due by March 9th at midnight.
- NO LATE REGISTRATIONS AND NO WALK-IN REGISTRATIONS!
- ALL Wrestlers may weigh-in Friday, March 10, 2023 6:30pm - 8:30 pm
- ONLY Morning Session Wrestlers– weigh-ins Saturday, March 11, 2023 7:00-8:00 am
- Afternoon Session Wrestlers must weigh-in by Saturday, 12:00 – 1:00 pm.
- (Afternoon wrestlers only have to weigh-in once.)
- At weigh-in each Wrestler MUST have required Proof Documents
- (Valid AAU Card and Proof of Age (on person))

DIVISIONS AND WEIGHTS:

TOT 2017/AFTER -35, 40, 45, 50, 55, HWT (75 Max)

BANTAM 2015/2016 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (125 Max)

MIDGET 2013/20014 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT (175 Max)

JUNIOR 2011/2012 60, 65, 70,75,80,85, 90, 95, 100, 105, 112, 120, 130, 140, HWT (205 Max)

SCHOOL BOY 2009/2010 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT (260 Max)

CADET 2007/2008 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220,285

ELITE 2004*/2005/2006 106, 113, 120, 126, 132, 138, 145, 152, 160,170,182,195,220,285

**High School Girls 2004*/2005/2006/2007/2008 100,107,114,120,126,132,138,145,152,165,185,235
ELITE MUST STILL BE IN HIGH SCHOOL & MUST PROVIDE PROOF**

OPEN DIVISION Madison weights (Grouped by actual weight)

WRESTLERS MAY ONLY WRESTLE ONE WT CLASS/DIVISION IN THE TOURNAMENT

TOURNAMENT LIMITS Based upon running 10-12 mats in both the morning and afternoon sessions a limit of 1000 entries will be accepted to ensure adherence to the planned schedule. Register early to reserve your spot.

VERY IMPORTANT: WE MUST HAVE TABLE WORKERS AND WRESTLING MATS FOR THE EVENT! *Contact the Tournament Director if your club will provide a wrestling mat and/or work a table. Table workers should check-in Friday night, March 10th to receive their work package.*

WEIGH-INS: FRIDAY (March 10th) 6:30-8:30PM and SATURDAY (March 11th)

Only Morning session will weigh in from 7:00-8:00AM. All afternoon sessions will weigh in from 12:00-1:00 PM

Wrestlers Must Make Weight for Division/Wt. Class Entered and bring Completed Registration Form & Proof Documents (valid AAU Card & proof of age)

Wrestlers **MUST** wear a singlet to weigh-in. If you do not have a singlet, wear gym shorts and t-shirt. Wrestlers will **NOT** be allowed to strip down to underclothes to weigh-in and they are **NOT** allowed to leave the area once reporting to weigh-in. A scale will be available to check your weight so make sure you can make weight **BEFORE** reporting for your official weigh-in. Skin, hair, and nails will be checked before wrestlers will be allowed to weigh-in. All wrestlers must get on the scales. **WRESTLERS MUST MAKE THE WEIGHT IN WHICH THEY REGISTERED. (IF YOU DO NOT MAKE WEIGHT, YOU WILL BE SCRATCHED OR YOU MAY PAY A \$20.00 RE-BRACKET FEE.)**

There will be no rebracketing fee on Friday night only

NO weight allowance will be given during weigh-in.

Weigh-ins close promptly at 8:30pm on Friday and 8:00am & 1:00pm on Sat. NO refunds for those who do not make weight or no shows. There will be no rebracketing fee on Friday night only.

PAIRINGS: Pairings will take place prior to the event. Wrestlers may be placed via a blind draw format to fill brackets with efforts to separate team members in first round. A “bye” will be given where needed to fill brackets. Wrestlers who do not make weight and “no shows” will be scratched.

MATCH GUIDELINES: Modified high school rules will be followed with modifications as to weight and periods. Singlets or TIGHT-FITTING tee and shorts, Mouth Protection (required if you have braces or orthodontic device on teeth).

Tots through Midget wrestle three one-minute periods (1 – 1 – 1).

Junior through Open wrestle three one and one-half minute periods (1½ – 1½ – 1½).

TEAM COMPETITION: Only licensed AAU Clubs/Teams will be eligible for the team competition (and recognized at opening ceremony). Teams will be ranked based on points accumulated through each division/weight class. A team with multiple entries in a division/weight class will only be awarded points for the highest finisher in that division/weight class. The team with the most points will be presented 1st, second most 2nd, etc.

Points will be given as follows:

1st Place – 16 points

2nd Place – 12 points

3rd Place – 9 points

4th Place – 7 points

5th Place – 5 points (Only awarded if > 12 wrestlers)

6th Place – 3 point (Only awarded if > 12 wrestlers)

Note: Not all brackets will award 6 places, only brackets with 12 or more wrestlers. It is the responsibility of each team to ensure their wrestlers are properly identified on brackets. If that individual is NOT on your roster, then you do not get credit for their points earned. If you do not contact director of error before wrestling starts you have forfeited your team’s rights to the wrestler’s points.

WRESTLE BACK for 2nd Place For all Divisions Tot through Open in bracketed pairings the 3rd place finisher will only be allowed to wrestle back for 2nd place if 3rd and 2nd never meet in the bracket.

- **INDIVIDUAL** – Awards to 1st, 2nd, 3rd and 4th place winners in each Division/Weight Class
- TEAM – 1st, 2nd, & 3rd place for Tots thru Schoolboy
- 1st, 2nd, & 3rd place for Cadet, Elite, Open and Girls
- 1st, 2nd, & 3rd place for Overall (All Divisions)

COACH'S REGISTRATION (Important Information)

- Head Coaches need to Register themselves and all assistant Coaches before event. (Only those coaches that have been pre-registered will be allowed on the floor)
- All Coaches must show a valid AAU Card & ID for free admission into the facility.
- **NO pending AAU cards will be accepted.**
- A \$5 Fee (pre-registration) per Coach/Assistant must be paid during coach's registration for a floor pass. \$10 for Walk-In Coach/Assistant.

AGAIN—NO PENDING registrations will be accepted.

- Coaches should pick up their registration packet during Fri. weigh-ins to relieve congestion on day of event. Wristbands will only be given to those Coaches that have pre-registered.
- Be prepared: Adult and Non- Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Please send Pre-Registration information (Coaches/Assistants names and AAU numbers) to dynamicwrestling13@gmail.com (Please state it is for The 2023 NC AAU State Championships)

REGISTRATION FORM/Weight Card

(Have this card filled out and go directly to the scales)

2023 NC AAU Wrestling State Championship

SATURDAY, MARCH 11, 2023

Hickory Metro Convention Center & Visitors Bureau
1960 13th Av. Drive SE, Hickory, NC 28602

Team Name: _____

Name: _____

Date of Birth: _____

AAU Number: _____

In consideration of your acceptance to my entry, I and my legal heirs do hereby waive and release any and all claims for damages I may have against the North Carolina (NC) Amateur Athletic Union (AAU) Wrestling Association, Hickory Metro Convention Center and Visitors Bureau, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by the name indicated above in connection with the 2023 NC AAU State Championships. I have reviewed the flyer for this tournament and agree to all rules and guidelines stated for the event.

Wrestler Signature

Parent/Guardian Signature Date

Nail/Skin Check	Division	Weight Class	Actual Weight

DIVISIONS AND WEIGHTS:

Weigh-in Operator Only:

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ELITE MUST STILL BE IN HIGH SCHOOL & MUST PROVIDE PROOF

OPEN DIVISION Madison weights (Grouped by actual weight)

(CADET & ELITE WEIGHTS MAY BE COMBINED IF NEEDED. NO GUARANTEED AWARD)