

The Dick Cook Invitational

Host: Jefferson County Jets



Site: Festus High School
Date: Sunday May 29, 2022
Timing Company:
Championship Timing

Meet Directors:
Vincent Bingham: vdbingham@gmail.com
Laura Borman: Borman_mom@hotmail.com
Emily Gass: emgass510@gmail.com
Therese Ruble: thereseruble@gmail.com

Entry Fee: \$15.00 per athlete

Medals: 1st, 2nd, 3rd

Ribbons 4th, 5th, 6th

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.

Age Groups

Pee Wee (5-6)		Youth (13-14)	Open (15 and up)
50	4x100	100 Hurdles	100 Hurdles 100
100	Long Jump	100	200
Long Jump	High Jump	200	400
Primary (7-8)	Shot Put	400	800
100		800	1500
200	Midgets (11-12)	1500	3000
400	80 Hurdles	3000	RW (1500/3000)
Long Jump	100	RW (1500/3000)	Long Jump
Shot Put	200	4x100	Triple Jump
4x100	400	4x400	High Jump
	800	Long Jump	Pole Vault
	150	Triple Jump	Shot Put
Bantam (9-10)	4x100	High Jump	Discus
100	Long Jump	Pole Vault	
200	High Jum	Shot Put	
400	Shot Put	Discus	
800	Discus		
1500			