



Valentine's

Diving Invitational

Sunday February 11, 2024

-
- Meet Host:** Blue Wave Diving
Meet Director: Shawn Austin, (585)245-3438, shawn@bluwavediving.org
Location: Merritt Athletic Center Alumni Pool at SUNY Geneseo
1 College Circle, Geneseo, NY 14454
- Facility:** 14 ft Diving Well Depth
2 - 1 Meter Springboards
1 - 3 Meter Springboard
- Event Fees:** \$35 per event - Meet Registration at DIVELIVEAPP.COM

NOTE: Times below are approximate - we will start events as early as possible!

Novice Competition 1 Meter & 3 Meter Events will be run simultaneously

***Note: All Novice Divers should arrive at 8:30 AM**

- | | |
|----------|-----------------|
| 9:00 AM | Novice Warm Up |
| 9:30 AM | National Anthem |
| 9:35 AM | Novice Event 1 |
| 10:00 AM | Warm Up |
| 10:30 AM | Novice Event 2 |

Novice and AAU/FINA 1 Meter Synchro Competition

***Synchro registration will take place on deck at the meet only. \$35 per team**

- | | |
|----------|-------------------------------------|
| 11:00 AM | Warm Up (Right After Novice Awards) |
| 11:30 AM | Event 3 - All Groups Synchro |

AAU/FINA Competition 1 Meter & 3 Meter Events will be run simultaneously

***Note: All age group divers should arrive at 10:30 AM**

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|----------|------------------------|
| 12:00 PM | Warm Up |
| 12:30 PM | FINA Age Group Event 4 |
| 1:30 PM | Warm Up |
| 2:30 PM | FINA Age Group Event 5 |

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non Athlete memberships are no longer instant and cannot be applied for that event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

Divers will dive in their FINA age group - Age as of December 31, 2024

Events



Event 1

9 & Under Girls 3m Novice
10-11 Girls 3m Novice
12-13 Girls 3m Novice
14-15 Girls 3m Novice
16-18 Girls 3m Novice
9 & Under Boys 1m Novice
10-11 Boys 1m Novice
12-13 Boys 1m Novice
14-15 Boys 1m Novice
16-18 Boys 1m Novice

Event 2

9 & Under Girls 1m Novice
10-11 Girls 1m Novice
12-13 Girls 1m Novice
14-15 Girls 1m Novice
16-18 Girls 1m Novice
9 & Under Boys 3m Novice
10-11 Boys 3m Novice
12-13 Boys 3m Novice
14-15 Boys 3m Novice
16-18 Boys 3m Novice

Event 3 Synchro

Event 4

Group E Girls 3m (9 & Under) (AAU)
Group D Girls 3m (11 & Under) (AAU)
Group C Girls 3m (12-13) (AAU)
Group B Girls 3m (14-15) (AAU)
Group A Girls 3m (16-18) (AAU)
Group E Boys 1m (9 & Under) (AAU)
Group D Boys 1m (11 & Under) (AAU)
Group C Boys 1m (12-13) (AAU)
Group B Boys 1m (14-15) (AAU)
Group A Boys 1m (16-18) (AAU)

Event 5

Group E Girls 1m (9 & Under) (AAU)
Group D Girls 1m (11 & Under) (AAU)
Group C Girls 1m (12-13) (AAU)
Group B Girls 1m (14-15) (AAU)
Group A Girls 1m (16-18) (AAU)
Group E Boys 3m (9 & Under) (AAU)
Group D Boys 3m (11 & Under) (AAU)
Group C Boys 3m (12-13) (AAU)
Group B Boys 3m (14-15) (AAU)
Group A Boys 3m (16-18) (AAU)

Novice Events

For divers who do not have the dives necessary to compete a FINA list and need to substitute a skill to enter a competition. **All dives and skills will be given a DD of 1.0**

Synchro Events

13 & Under - 4 dives or skills 1 meter or 3 meter

14 & Over - 5 dives total 2 Voluntaries at 2.0 and 3 Optionals without limit 1 meter or 3 meter

FINA / AAU Events

National qualifying events and will follow FINA rules. No changes will be made to diving sheets 1 hour prior to the start of the FINA events.

All ages as of December 31, 2024

Competition Requirements



Novice 1 meter & 3 meter

*All dives and skills will be given a DD of 1.0

NOVICE 9 & Under

4 Dives or Skills

NOVICE 10-11

5 Dives or Skills

NOVICE 12-13

6 Dives or Skills

NOVICE 14-15

6 Dives or Skills

NOVICE 16-18

7 Dives or Skills

Skills Bank

- 100 A Front Jump Straight
- 100 B Front Jump Pike
- 100 C Front Jump Tuck
- 200 A Back Jump Straight
- 200 B Back Jump Pike
- 200 C Back Jump Tuck
- 5101 Front Jump 1/2 Twist
- 5102 Front Jump 1 Twist
- 5104 Front Jump 2 Twist
- 5201 Back Jump 1/2 Twist
- 5202 Back Jump 1 Twist
- 5203 Back Jump 1 1/2 Twist
- 001 A Forward Standing Entry Straight
- 001 B Forward Entry Pike Standing or Seated
- 001 C Forward Entry Tuck Squatting or Seated
- 002 A Back Entry Standing Straight
- 002 B Back Entry Standing Pike (3m only)
- 002 C Back Entry Tuck - (Squatting or Seated)

Synchro Events

13 Under - 4 Dives or Skills

14 Over - 5 Dives Total

2 Voluntaries at 2.0 and 3 optionals

AAU/FINA Events

AAU/FINA Boys and Girls 9 & Under

4 Dives

3 Voluntary dives from different groups

1 Optional dive

Max vol DD 5.4

AAU/FINA Boys and Girls 10-11

5 Dives

3 Voluntary dives from different groups

2 Optional dives from different groups

Max Vol DD 5.4

AAU/FINA 12-13

Boys - 8 Dives

5 Voluntary dives from different groups

3 Optional dives from different groups

Girls - 7 Dives

5 Voluntary dives from different groups

2 Optional dives from different groups

1m Max Vol DD 9.0

3m Max Vol DD 9.5

AAU/FINA 14-15

Boys - 9 Dives

5 Voluntary dives from different groups

4 Optional dives from different groups

Girls - 8 Dives

5 Voluntary dives from different groups

3 Optional dives from different groups

1m Max Vol DD 9.0

3m Max Vol DD 9.5

AAU/FINA 16-18

Boys - 10 Dives

5 Voluntary dives from different groups

5 Optional dives from different groups

Girls - 9 Dives

5 Voluntary dives from different groups

4 Optional dives from different groups

1m Max Vol DD 9.0

3m Max Vol DD 9.5