

# AAU YOUTH/OPEN/MASTERS TRACK & FIELD

## Central Florida Classic

March 27, 2021

Location: Edgewater High School 3100 Edgewater Dr, Orlando, FL 32804

AGE GROUPS: 6 & Under, 7-8 Years Old, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old, and **Open**. AAU Rules in effect. AWARDS: 1st, 2nd, & 3rd Place only

**Entries will be limited to 600 athletes\*\*Field Events 3 Attempts Only- except HJ\*\***

ENTRY FEE: **\$25 paid thru <http://www.coacho.com/>** SPECTATOR ENTRY: **\$10.00 (UNDER 5 is Free)**

**6 & under events-** 60m, 100m, 200m & Long Jump. Open Athletes- 60m, 100m, 200m, 800, 1500 & Javelin Throw

### MEET SCHEDULE

06:45 Packet Pickup

07:00- Track Opens for Warmup

**07:30- Coaches Meeting**

**07:45- Track Closes/1<sup>st</sup> Call for 3000m Run & Long Jump**

08:00- Events Begin on a Rolling Schedule as follows:

#### FIELD EVENTS (3 Attempts, No Finals EXCEPT HJ)

Long Jump (**Reverse Order**)

Javelin

Turbo Javelin

Shot Put

Discus (Reverse Order)

High Jump

#### RUNNING EVENTS

3000m Run (**Combined Heat**)

**80/100/110M Hurdles**

100M Dash (6U to oldest)

1500m Run

4x100 (**Mid Schools/Clubs can qualify for IMG**)

400m Dash

60m Dash (6U-8U & Open Athletes Only)

800m Run

200m Dash

4x400 (**Mid Schools/Clubs can qualify for IMG**)

**\*\*\*ATHLETES ARE RESPONSIBLE FOR PROVIDING THEIR OWN IMPLEMENTS FOR COMPETITION. \*\*\***

**For Schools/Clubs interested in running MS Qualifier 4x100 & 4x400 Relays, please contact Coach CJ**

FOR MORE INFORMATION: Coach CJ at (407)883-9806 or email: [powerhouseatf@gmail.com](mailto:powerhouseatf@gmail.com)

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- **Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.**
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

## COVID PRECAUTIONS

1. All persons entering the facility must wear a face covering and have their temperature checked
2. All persons entering the facility must complete a **waiver** in accordance with local ordinances
3. **Teams can fill out 1 waiver listing entire roster entered for competition to cover their entire team.**
4. Must have a temperature below 100.4 degrees or entry will be refused.
5. Anyone exhibiting any symptoms of COVID-19 will be denied entry to this event.
6. We ask that anyone who has been in the presence of anyone testing positive or with symptoms within the last 10 days not attend this event.
7. **Masks must be worn at all times while in the facility and not actively competing in an event.** Masks must be worn until runners come to the start line for their event.
8. We strongly encourage everyone adhere to social distancing protocols in accordance with CDC Guidelines.
9. Only athletes and meet personnel will be allowed in the competition area after warm up ends.
10. **There will be no Coaches and/or Spectators in the Clerking area at any time.**
11. Due to strict local rules governing COVID-19, we will enforce social distancing at the competition venue as well as the seating areas. We will be following all State, City and County guidelines.