

**Montana AAU**  
**Jump Rope**  
**AAU Montana Open Jump Rope Tournament**  
**May 4, 2019**

Hosted by Lewistown Hoppers  
Lewistown Hoppers, Lewistown, MT

- AGE GROUPS:** 8 & Under, 9 yrs old, 9 & 10 yrs old, 10 yrs old, 11 yrs old, 11 & 12 yrs old, 12 & Under, 12 yrs old, 13 & Under, 13 & 14 yrs old, 14-22 yrs old, 15-17 yrs old, 18-22 yrs old,
- ENTRY FEE:** \$45.00
- ENTRY FEE PAYABLE TO:** Lewistown Hoppers
- ENTRY DEADLINE:** April 29, 2019
- AWARDS:** Gold, Silver and Bronze for All-Around winners in each Triple Crown event and age-group.  
1st – 8th place ribbons for component events.
- RULES:** 2019 AAU competition rules will apply. A copy of the 2019 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at [www.aausports.org](http://www.aausports.org); click on Jump Rope. All athletes and coaches must be current AAU members to participate. Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team. All judges and officials must be current AAU members.
- ADDITIONAL INFO:** Spectators are welcome at no charge

**FOR MORE INFORMATION:**

Loraine Mostafa Day  
[lorainemday@gmail.com](mailto:lorainemday@gmail.com)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.