



BWSP



FEATURING QUEENS and KINGS INDOOR T&F CHAMPIONSHIP SERIES

(Meet #1)

January 5, 2020

Boo Williams Sportsplex

5 Armistead Pointe Pkwy, Hampton, VA 23666

Host: TRACK 757

LICENSED BY: AAU TRACK & FIELD

For information please Contact us at:

Track757@track757.net

Meet Director: Keenan Galloway

(757) 757-871-5564

Entry Information: \$14 per Athlete – SAME DAY ENTRIES WILL NOT BE ACCEPTED!!

Online Registration at www.coachO.com, is **REQUIRED!!** **Entry Deadline, January 3, 2020**

ALL COACHES AND SPECTATOR FEE \$7 – NO EXCEPTIONS! Kids Under 4 free.

NO FAST FOOD OR COOLERS LARGER THAN A LUNCH BAG WILL BE ALLOWED INTO THE FACILITY

(All bags are subject to inspection by Security)

Doors Open at 7:30am, First Call at 8:30am

Age Division: 5-6, 7-8, 9-10, 11-12, 13-14, 15 –18 HS, 19-35 Open, 36 & Old Master (age as of 3/15/20)

ONLINE ENTRY IS REQUIRED FOR ALL ATHLETES

Order of Running Events- Start Time 9:30am:

Youngest to Oldest, **Girls/Women** followed by **Boys/Men**

55 Meter Dash (SF) - ALL AGE DIVISION

55 Hurdles (SF) – Age 11-12, 13-14, 15 -18 HS, Open 19-35 & Master

400 Meter Dash (F) – Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, Open 19-35 & Master

1500 Meter Run (F) – Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, Open 19-35 & Master

55 Hurdles (F)

55 Meter Dash (F)

100m Dash (F) (Age 5 - 6)

4x200M Relay (Showcase) – Age 7-8, 9-10, 11-12 & 13-14 (This is Not a Scored Event!)

800 Meter Run (F) – Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, Open 19-35 & Master

1500 Meter Race-walk (F) – Age 9-10, 11-12 & 13-14

Order of Field Events- Start Time 9am:

SP / LJ, 4 – Attempts, No Final

SP – Oldest to Youngest, Boys/Men then Girls/Women – Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, Open 19-30 & Master

LJ – Oldest to Youngest, Boys/Men then Girls/Women - Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, Open 19-30 & Master

HJ – Oldest to Youngest, Girls/Women then Boys/Men - Age 9-10, 11-12, 13-14, 15 -18 HS, Open 19-30 & Master

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- **ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP.**
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- **Be Prepared:** Adult and None Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

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Featuring Queens and Kings of Indoor T&F Championship Series

MEET RULES

The Championship Series encompasses 4 Queen & 4 King Competitions, following a championship style model. Athletes earn points at each of the series meets to qualify for the final of their competition. Competitors in Open and Master division must compete in 3 meets to qualify for Series Champion Award.

Each of the competitions are staged two (2) times before the final. At meets 1, 2 and 3 of the series, athletes are awarded 10, 8, 6, 4, 2 or 1 points for ranking 1st to 6th respectively with 1st, 2nd and 3rd place finishers receiving awards for every event contested at each meet. In case of a tie, the best legal performance of the qualification phase wins.

The winner at the Final of Queen & King Competition will become " Series Champion" and be awarded a Special Series Award. Scoring events for each meet:

MEET #1) All running and field events will be ran as scheduled with only the following events scored:

- 55m, 200m, 400m 800m, 1500rw and LJ.

MEET #2) All events will be ran as scheduled with only the following events scored:

- 55m, 55h, 100m, SP, HJ, 1500m and 1500rw.

MEET #3) All events will be ran as scheduled with only the following events scored:

- 100m, 200m, 400m, 800m, 1500m, SP, HJ and LJ.

MEET #4 SERIES CHAMPIONSHIP) All events will be ran as scheduled and scored (added to previous scores earned in meets 1, 2, and 3) to crown our Series Champions. With this format we will have approx. 132 Individual Champions!

Place	Scoring for each meet
First Place	10 points
Second Place	8 points
Third Place	6 points
Fourth Place	4 points
Fifth Place	2 points
Sixth Place	1 point

Age 5 & 6	Age 7 & 8	Age 9 & 10	Age 11 & 12	Age 13 & 14	HS 15 -18	Open 19-35	Master
55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash
100m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash
200m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash
	800m Run	800m Run	800m Run	800m Run	800m Run	800m Run	800m Run
	1500 Run	1500m Run	1500m Run	1500m Run	1500m Run	1500m Run	1500m Run
	LJ	1500m RW	1500m RW	1500m RW	55m Hurdle	55m Hurdle	55m Hurdle
	SP	LJ	55m Hurdle	55m Hurdle	LJ	LJ	LJ
		SP	LJ	LJ	SP	SP	SP
		HJ	SP	SP	HJ	HJ	HJ
			HJ	HJ			

Meet director will make all final decisions regarding eligibility and awards. Any competitor found competing in the wrong age division for any event will be disqualified from competition at any stage in the meet when such infraction occurred. If a competitor proceeds through the finals of a competition and it is subsequently determined they competed in the wrong age division, all prizes/awards will be revoked. If an athlete is disqualified, all earned points will be forfeited and all places below that of the disqualified athlete will be moved up by one place. All protests will cost \$75, are non-refundable regardless of outcome and must be submitted in writing with the required cash fee to the meet director no more than 30 minutes after event in question is finished.