

This event is licensed by the Amateur Athletic Union of the U.S.,Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain a membership.

ENTRY DEADLINE:	November 29, 2024
ENTRY FEE:	\$80 per gymnast, \$40 per team (top 3 scores per level)
EQUIPMENT:	Capital Cup by Speith America
EVENT DIRECTOR:	Mandy Willson mwmag7@gmail.com or (573) 747-3661
AWARDS:	100% Recognition Sandee Kershner Above & Beyond Award - 1 per club