

Virginia AAU
Track and Field
16 Annual Va Beach Flames Invitational
June 3, 2023

Hosted by Virginia Beach Flames LLC
VA Beach Flames LLC, VA BEACH , VA

AGE GROUPS: 8 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$20.00

ENTRY FEE PAYABLE TO: Virginia Beach Flames LLC

ENTRY DEADLINE: June 01, 2023

SIGN UP AT: vabeachflames.com

RULES: AAU SANCTION MEET

FOR MORE INFORMATION:

Nicholas Mayers
nmayers47@yahoo.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.