



# TEN POINT O'S 2ND ANNUAL SHAMROCK INVITATIONAL AAU XCEL LEVELS BRONZE-DIAMOND MARCH 18TH & 19TH, 2023

## COMPETITION INFORMATION

### AAU Xcel Bronze-Diamond

**Athlete Entry Fee: \$65**

**Team Fee: (3 or more gymnasts per level): \$60**

**Entries Due by December 16, 2022**

In order to run an organized competition, we will have to stick firm to this deadline.

There will be a \$20.00 change fee for each correction that has to be made after the schedule is complete.

**Please e-mail all rosters to:**

**10pointo@gmail.com**

*We recommend doing this asap to reserve your spot, as TPO's meets normally hit capacity.*

**Please mail and make all checks payable to:**

**Ten Point O Gymnastics  
38818 Taylor Parkway  
North Ridgeville, Ohio 44039**

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.
- A portion of the proceeds will be donated to the Upside of Downs in Cleveland, Ohio.

## Leprechaun surprises for COACHES and gymnasts!



**COACHES WILL RECEIVE A LUCKY GIFT!**

Every gymnast will take home an athlete surprise too!

Great pro-shop  
Backdrop for pictures and more!

**Admissions:** \$8 for adults and \$5 children 3 & Senior Citizens

TPO will follow all CDC recommendations in regards to spectators at the time of the competition.

**Age Determination:** Gymnasts' age is determined by their age as of March 18, 2023.

**Awards:** Event & All-Around medals based on age groups will be given at the completion of competition. Ties will be broken by all-around score and highest event score. Team awards for all teams with 3 or more athletes per level.

### Parking:

- Please be advised you can only park on the north side (gym side) of Taylor Pkwy.
- PLEASE DO NOT PARK IN THE FRITO LAY (BUILDING ACROSS THE STREET) PARKING LOT!!
- NO parking on the grass. Your car will be towed.

**\*\*When entering the gym's address into a GPS or Mapquest, you may want to use 38818 Taylor Street, Elyria, Ohio 44035. People have had difficulty getting here using the North Ridgeville address.\*\***

### Equipment:

- Level 2 & 3 Vault AAI 32" Resi and 60' runway
- Springboards & Air-o Board available
- Level 4-6 & AAU Excel Gold-Diamond - AAI Vault Table and 78' runway
- Uneven Bars – Speith Anderson & AAI Uneven parallel bars
- Balance Beam - AAI Reflex Adjustable Beam & Speith Anderson Beams

### Meet Format:

- Modified Capital Cup

**\*\*Please note, TPO will be following all CDC guidelines and recommendations at the time of the competition. If you have any questions or concerns about TPO's COVID policies and procedures, please email Allison at 10pointo@gmail.com before committing to the meet. Thank you in advance for your cooperation!**