

Iowa AAU
Karate
Region 7 and Iowa District Karate Championships
May 15, 2022

Hosted by Iowa Shotokan Karate Do
Iowa Shotokan Karate Do, Waterloo, IA

AGE GROUPS: 20 & Under

ENTRY FEE: \$55.00

ENTRY FEE PAYABLE TO: PayPal to:iowashotokankarate@yahoo.com

ENTRY DEADLINE: May 13, 2022

SIGN UP AT: By Phone 319-280-9227

AWARDS: Medals
1 st
2nd
3rd

RULES: AAU Karate Competitions Rules

ADDITIONAL INFO: Individual Kata and Kumite
Team Kata and Kumite
Divisions:
Beginners
Novice
Intermediate
Advanced
Ages; 5 and up

FOR MORE INFORMATION:

Mujaga Mustafic
mustaficm@aol.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.