

Missouri Valley AAU
Track and Field
AAU Missouri Valley Cross Country Championships
November 16, 2019

Hosted by Missouri Valley AAU
Pony Express Track Club, Saint Joseph , MO

AGE GROUPS: 8 & Under, 9 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$20.00

ENTRY FEE PAYABLE TO: Missouri Valley AAU

ENTRY DEADLINE: November 13, 2019

SIGN UP AT: www.coacho.com

AWARDS: Top 6

RULES: AAU

FOR MORE INFORMATION:

Danny Ray Butterfield
ponyexpresstc@yahoo.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.