

**North Carolina AAU
Gymnastics
Foothills Frostbite Invite
January 6 - 8, 2023**

**Hosted by Foothills Gymnastic Training Center
Foothills Gymnastic Training Center, Hickory, NC**

AGE GROUPS:	Youth Level 1, Youth Level 2, Youth Level 3, Youth Level 4, Youth Level 5, Youth Level 6, Youth Level 7, Youth Level 8, Youth Open Optional, Youth Excel Bronze, Youth Excel Silver, Youth Excel Gold, Youth Excel Platinum, Youth Excel Diamond
ENTRY FEE:	\$85.00
ENTRY FEE PAYABLE TO:	Foothills Gymnastics Training Center
ENTRY DEADLINE:	December 09, 2022
SIGN UP AT:	meetmaker.com
AWARDS:	50% + 1 events, 100% all around

FOR MORE INFORMATION:

Shawn Francis Bryant
shawn@foothillsgym.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.