

Niagara AAU
Powerlifting
Don Reinhoudt - Big Dawg Classic
November 11, 2017
Hosted by Steve Rogers
Savannah Power Club, Savannah, NY

AGE GROUPS: 20-23 Yrs Old, 5 & under, 24-34 Yrs Old, 6 & 7 Yrs old, 35-39 Yrs Old, 8 & 9 Yrs Old, 10 & 11 yrs old, 40-44 Yrs Old, 12 & 13 Yrs Old, 45-49 Yrs Old, 14 & 15 Yrs Old, 50-54 Yrs old, 16 & 17 Yrs old, 55-59 Yrs Old, 18 & 19 Yrs old, 60-64 Yrs Old, 65-69 Yrs old, 70-74 Yrs old, 75-79 Yrs old, 80-84 Yrs Old, 85-89 Yrs Old, 90 + Yrs Old

ENTRY FEE: \$65.00

ENTRY FEE PAYABLE TO: Steve Rogers

ENTRY DEADLINE: October 07, 2016

AWARDS: 1st through 3rd place

RULES: AAU Rules apply. See AAU website for official rules.

ADDITIONAL INFO: Entry fee: Bench Only \$65 Deadlift Only \$65, Ironman (Bench/Dead) \$65 Extra divisions \$40

FOR MORE INFORMATION:

Steven D Rogers
(315) 365-3377
seepser67@tds.net

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.