



# BWSP



## 10th ANNUAL INDOOR TRACK & FIELD CHAMPIONSHIP SERIES

(Meet #1)

January 13, 2019

Boo Williams Sportsplex

5 Armistead Pointe Pkwy, Hampton, VA 23666

Host: Technique Track Club

LICENSED BY: AAU TRACK & FIELD

For information please Contact us at:

Coachwill.moore@gmail.com

Meet Director: William Moore

(757) 593-6985

**Entry Information:** \$14 per Athlete – SAME DAY ENTRIES WILL NOT BE ACCEPTED!!

Online Registration at [www.coachO.com](http://www.coachO.com), is **REQUIRED!!** Entry Deadline, January 12, 2019

ALL COACHES AND SPECTATOR FEE \$7 – NO EXCEPTIONS! Kids Under 5 free.

**NO FAST FOOD OR COOLERS LARGER THAN A LUNCH BAG WILL BE ALLOWED INTO THE FACILITY**

(All bags will be subject to inspection by Security)

Doors Open at 7:30am, First Call at 8:30am

Age Division: 5-6, 7-8, 9-10, 11-12, 13-14, 15 –18 HS, **19-30 Open, 31 & Old Master** (age as of 8/4/19)

ONLINE ENTRY IS REQUIRED FOR ALL ATHLETES

### Order of Running Events, Start Time 9:30am:

Youngest to Oldest, **Girls/Women** followed by **Boys/Men**

55 Meter Dash (SF) - ALL AGE DIVISION

55 Hurdles (SF) – Age 11-12, 13-14, **15 -18 HS, Open 19-30 & Master**

400 Meter Dash (F) – Age 7-8, 9-10, 11-12, 13-14, **15 -18 HS, Open 19-30 & Master**

1500 Meter Run (F) – Age 7-8, 9-10, 11-12, 13-14, **15 -18 HS, Open 19-30 & Master**

55 Hurdles (F)

55 Meter Dash (F)

**100m Dash (F) (Age 5 - 6 SHOWCASE)**

4x200M Relay (F) – Age 7-8, 9-10, 11-12 & 13-14

800 Meter Run (F) – Age 7-8, 9-10, 11-12, 13-14, **15 -18 HS, Open 19-30 & Master**

1500 Meter Race-walk (F) – Age 9-10, 11-12 & 13-14

200 Meter Dash (F) - ALL AGE DIVISION

1600M SMR (F) –Age 7-8, 9-10, 11-12 & 13-14

### Order of Field Events, Start Time 9am:

SP / LJ, 4 – Attempts, No Final

SP – Oldest to Youngest, **Boys/Men** then **Girls/Women** – Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, **Open 19-30 & Master**

LJ – Oldest to Youngest, **Boys/Men** then **Girls/Women** - Age 7-8, 9-10, 11-12, 13-14, 15 -18 HS, **Open 19-30 & Master**

HJ – Oldest to Youngest, **Girls/Women** then **Boys/Men** - Age 9-10, 11-12, 13-14, 15 -18 HS, **Open 19-30 & Master**

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- **ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP.**
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- **Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

# CHAMPIONSHIP RULES AND REGULATIONS

Competitors in the 5-6, 7-8, 9-10 and 11-12 age divisions may compete in three events, including relays, in each meet. Competitors in the 13-14, HS 15-18, Open and Master age divisions may compete in four events, including relays, in each meet. Participation in relays is counted toward the number of events allowed. Events available for competition in each age divisions are as follows:

<i>Age 5 &amp; 6</i>	<i>Age 7 &amp; 8</i>	<i>Age 9 &amp; 10</i>	<i>Age 11 &amp; 12</i>	<i>Age 13 &amp; 14</i>	<i>HS 15 -18</i>	<i>Open 19-30</i>	<i>Master</i>
55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash	55m Dash
100m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash	200m Dash
200m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash	400m Dash
	800m Run	800m Run	800m Run	800m Run	800m Run	800m Run	800m Run
	LJ	1500m Run	1500m Run	1500m Run	1500m Run	1500m Run	1500m Run
	SP	1500m RW	1500m RW	1500m RW	55m Hurdle	55m Hurdle	55m Hurdle
	4x200	LJ	55m Hurdle	55m Hurdle	LJ	LJ	LJ
	1600m SMR	SP	LJ	LJ	SP	SP	SP
		HJ	SP	SP	HJ	HJ	HJ
		4x200m	HJ	HJ	4x200m		
		1600m SMR	4x200m	4x200m			
			1600m SMR	1600m SMR			

There are four (4) track meets in this series. Competitors are encouraged to participate in all meets to try to earn as many points as possible. For the first three (3) meets, available points range from 10 points – 1 point for top six places with awards given to the top three places in each event. Final meet available points range from 20 points – 2 points for top six places with awards for top three places in each event. At the end of the final meet, points scored in all meets by a competitor in a single age division in the Boo Williams Indoor Track & Field Championship Series will be calculated. Competitor with the highest total score in any age division (example: Sub-Bantam Boys, Midget Girls), will receive a Championship Trophy. Competitor with second and third highest scores from each age division will receive second and third place awards. In case of a total point tie, the higher award will be given to the athlete based on best final meet performance. Best final meet performance will be determined by Boo Williams Game Committee using events competed at the final meet with finish link places and/or a scoring table if necessary. Points are earned based on the following places:

<b>Place</b>	<b>Scoring for meets 1, 2,&amp; 3</b>	<b>Scoring for 4<sup>th</sup> (final) meet</b>
First Place	10 points	20 points
Second Place	8 points	10 points
Third Place	6 points	8 points
Fourth Place	4 points	6 points
Fifth Place	2 points	4 points
Sixth Place	1 point	2 points

Meet director will make all final decisions regarding eligibility and awards. Any competitor found competing in wrong age division for any event will be disqualified from competition at any stage in the meet when such infraction occurred. If a competitor is disqualified and found they competed in a relay other than their age division, all individual points earned by relay team members shall be forfeited. If a competitor proceeds through the finals of a competition and it is subsequently determined they competed in the wrong age division, all prizes/awards will be revoked. If an athlete is disqualified, all earned points will be forfeited and all places below that of the disqualified athlete will be moved up by one place. All protests will cost \$40, are non-refundable regardless of outcome and must be submitted in writing with the required cash fee to the meet director no more than 30 minutes after event in question is finished.