

# HOWARD WHITE TRACK CLASSIC 2023

SPONSORED BY SHOE PALACE

## TRACK CLASSIC

**When:** December 23rd, 2023

**Time:** 9:00 am - 9:00 pm

**Where:** Boo Williams Sportsplex  
5 Armistead Pointe Pkwy  
Hampton, VA 23666

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

• **ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP.**

• AAU membership may not be included as part of the entry fee to the event.

• AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

**Be Prepared:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event.

Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

Host: **TECHNIQUE TC**

LICENSED BY: **AAU TRACK & FIELD**

For information, please Contact:

Meet Director: **William Moore**, [Aauvatrack@gmail.com](mailto:Aauvatrack@gmail.com) (757) 593-6985

Entry Information: **\$10 per athlete**, same day entries will not be ACCEPTED!!

Online Registration at [milestat.com](http://milestat.com) is required.

**Entry deadline December 15, 2023**

**ALL COACHES AND SPECTATOR FEE \$12**

(NO FAST FOOD OR COOLERS WILL BE ALLOWED INTO THE FACILITY  
ALL BAGS ARE SUBJECT TO INSPECTION BY SECURITY)

Doors Open: **at 7:00am, First Call at 8:15am** for running and field events!

Combined Grade Divisions: **1st-2nd, 3rd-4th, 5th-6th, and 7th-8th**

### GIRLS FOLLOWED BY BOYS RUNNING EVENTS (YOUNGEST TO OLDEST)

55m Dash (SF) – ALL DIVISIONS	SP / LJ, 3 – Attempts, No Final
400m Dash (F) – ALL DIVISIONS	LJ – Oldest to Youngest, Age 7-8, 9-10, 11-12 Boys Plt #1
1500m Run (F) - 3rd-4th, 5th-6th, 7th-8th	
55m Dash (F) – ALL DIVISIONS	SP – Oldest to Youngest, Age 7-8, 9-10, 11-12 Girls and Boys
200m Dash(F) - ALL DIVISIONS	
1500m RW (F) 5th-6th, 7th-8th	High Jump – Age 5th-6th, 7th-8th Girls and Boys
800m Run (F) 5th-6th, 7th-8th	
4x200 Relay (F) 3rd-4th, 5th-6th, 7th-8th	

**SWAG BAGS WILL BE GIVEN TO  
THE FIRST 500 REGISTER/PAID ATHLETES!!**

