



2020 Gold Rush Invite

Date: October 16th, 17th & 18th, 2020

Host: Gold Coast Gymnastics, Inc.

561-585-2700 E-mail- info@gcgym.com web site- www.gcgym.com



Meet Directors: Raul Rojas **Meet Coordinator:** Jill Rojas

Site: Gold Coast Gymnastics, Inc.

1420 Rupp Lane, Lake Worth Beach, FL 33460

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AAU Licensed Event: Level 1,2,3,4,5,7,8 , all X-cel Fl. Gold AAU Qualifier



Entry Fee: All levels \$75.00 -- Includes One (1) adult admission

Team: \$65.00 ****see below for more spectator info**

Deadline: September 22nd, 2020 (payment by check only)

Awards: 50% plus one on events, 100% All Around awards

AAU Level 1 & 2: Follows Fl. Gold Guidelines/ National Rules

Team: 100% awarded

"Gold Rush Award" is for the highest All Around in each level. Gymnasts will receive an additional trophy and her name, gym and the All Around score engraved on the "Gold Rush Trophy". **This award has been proudly presented since 2007**

Entry Refund Policy

- 100% refund if the Meet Host cancels the competition
- 75% refund. If the cancellation is within 2 weeks of the competition. Ex: If the competition must be cancelled due to something out of the Meet host control such as local closures due to virus, or facility issue etc.

COVID Procedures/Considerations:

- Gold Coast will be limiting the number of gymnasts and spectators per session. ****only one spectator per athlete.**
- Social distancing will be required by athletes, coaches, and spectators in the audience.
- Masks are required to be worn by Athletes, Coaches & Spectators. Athletes may remove mask while active, competing, and social distancing
- Between sessions Gold Coast will sanitize/disinfect gym, events, and spectator areas. There will be frequent disinfecting of high traffic areas
- **Spectators:** Only ONE (1) spectator per gymnast- This is to follow capacity and social distancing guidelines. No additional children/siblings.

Meet Procedures:

- One Judge panel
- Limited participants per session
- **ONLY 1 coach per team per squad.** (please do not bring extra coaches)
- **1 spectator per athlete- Please NO additional adults or siblings.**
- Spectator chairs will be distanced
- No concession stand.
- Sessions divided in two age groups.
- Each gymnast/club brings their own chalk bucket
- Warm up, team presentation, national anthem, begin competition. Gymnasts compete. Rotate as a group.
- No group presentation to the judges.
- Awards will be presented
- Everyone exits our back door.
- After each session-GC will sanitize gym, equipment/bathrooms/high traffic areas for the next session.

ONE (1) Spectator admission fee is included with gymnast entry. Only ONE (1) spectator per gymnast. Please NO additional adults or siblings. This is to follow capacity and social distancing guidelines. Spectator will check in with athlete. For the safety of all participants, coaches, judges, visitors and staff, masks are required to be worn by spectators at all times. Mask must cover nose and mouth. Plastic face shield is not permitted alone-must be used with a face mask. No mask no entry

Substitutions- for gymnasts for the same level are accepted up to (Oct 5th)-12 days prior to competition start date.

Injury refunds (50% of entry fee) are considered with a doctor's note 12 days prior to event date-(Oct 5th)

*This event is licensed by the Amateur Athletic Union of the U. S., Inc. *All participants must have current AAU Membership. AAU membership may not be included as a part of the entry fee to the event. *AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.aasports.org to obtain their membership. *AAU Florida Gold Award guidelines & National Rules

Checks payable to: Gold Coast Gymnastics, Inc.
1420 Rupp Lane, Lake Worth Beach, FL 33460
E-mail entries to info@gcgym.com 561-585-2700

**Thank you for supporting the
2020 Gold Rush Invite!**