

Michigan AAU
Strength Sports
USA Kettlebell Sport Lifting Nationals 2023
July 15, 2023

Hosted by USA KETTLEBELL SPORT LIFTING
USA KETTLEBELL SPORT LIFTING, Jackson, MI

AGE GROUPS: 20-23 Yrs Old, 5 & under, 24-34 Yrs Old, 6 & 7 Yrs Old, 35-39 Yrs Old, 8 & 9 Yrs Old, 10 & 11 yrs Old, 40-44 Yrs Old, 12 & 13 Yrs Old, 12 & 13 Yrs Old, 45-49 Yrs Old, 14 & 15 Yrs Old, 50-54 Yrs Old, 16 & 17 Yrs Old, 55-59 Yrs Old, 18 & 19 Yrs Old, 60-64 Yrs Old, 65-69 Yrs Old, 70-74 Yrs Old, 75-79 Yrs Old, 80-84 Yrs Old, 85-89 Yrs Old, 90 + Yrs Old, 16 & 17 Yrs Old, 18 & 19 Yrs Old, 20U, 20-23 Yrs Old, 24-34 Yrs Old, 40-44 Yrs Old, 45-49 Yrs Old, 50-54 Yrs Old, 55-59 Yrs Old, 60-64 Yrs Old, 65-69 Yrs Old, 70-74 Yrs Old, 80-84 Yrs Old, 90 + Yrs Old

ENTRY FEE: \$110.00

ENTRY FEE PAYABLE TO: USA Kettlebell Sport Lifting

ENTRY DEADLINE: July 13, 2023

SIGN UP AT: <https://usakettlebell.wufoo.com/forms/m1tzm7hs0l7ngwy/>

AWARDS: AAU regional medals previously purchased

RULES: <https://usakettlebell.org/rulesandregulations>

FOR MORE INFORMATION:

Rhonda Lynn Glick
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This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.