



**Coach O Field Event Invitational
February 24, 2024**

- WHERE:** Tryon International Center
25 International Blvd
Mill Spring, NC 28756
- LICENSED BY:** Amateur Athletic Union (AAU)
- HOST:** Coach O Event Management - Yolanda Freeman, Meet Director - coacho.officials@gmail.com
- ELIGIBILITY:** This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events including relays**. Athletes aged **12 and younger** based on year of birth below may only enter in **3 events including relays**. *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*
- AGE DIVISION:** Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.
5 & 6 Under Girls/Boys (Born 2018 and later) Maximum 3 Events
7 & 8 Girls/Boys (Born 2017 and later) Maximum 3 Events
9 Year Old Girls/Boys (Born 2015) Maximum 3 Events
10 Year Old Girls/Boys (Born 2014) Maximum 3 Events
11 Year Old Girls/Boys (Born 2013) Maximum 3 Events
12 year Old Girls/Boys (Born 2012) Maximum 3 Events
13 Year Old Girls/Boys (Born 2011) Maximum 4 Events
14 Year Old Girls/Boys (Born 2010) Maximum 4 Events
15-16 Year Old Girls/Boys (Born 2008-2009) Maximum 4 Events
17-18 Year Old Girls/Boys (Born 2006-2007) Maximum 4 Events
19 Year Old and Up Women/Men (Born 2001 - below) Maximum 4 Events
- ELIGIBILITY:** This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events**. Athletes aged **12 and younger** based on year of birth below may only enter in **3 events**. Athletes aged **19-Up years (OPEN & MASTERS)** may enter in up to a **maximum of 4 events**. *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*

***Athletes who are still eighteen (18) years of age through the final day (January 3rd) of the TRYON FIELD EVENTS INVITATIONAL shall be eligible to compete in the 17-18 year old division.**



Meet Entry Fee:

Early Bird Entry fee is \$30.00 for each athlete (13-18) until February 17th and will be \$40.00 for Track and Field Events until the Deadline February 21st. All members of relay teams, including alternates, who have not entered an individual event, pay a Early Bird fee of \$30.00 until February 17th and **\$40.00 until the Deadline February 21st.** **ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE.** Entry will not be Processed unless entry fee is paid by the deadline. All major credit cards accepted online.

Entry Process:

All teams and unattached athletes must utilize the online entry process via CoachO.com. This will permit a very efficient registration process that is easy to use. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Mill Springs, NC if possible.

Deadline Date

Entry deadline February 21, 2024 at 12:00am EST. Final schedule will be posted after entries have closed

Packet Pickup:

Friday, February 23, 2024, 4:00PM – 6:00PM – A packet will be provided for each team consisting of team roster. A team representative will be responsible for picking up the packets. All teams are urged to pick up packets on Saturday as the lines on Sunday can be long. **Packets can be picked up at the track facility on Sunday, January 15th, from 7:00AM-12:00PM**

Admission:

\$12 per person. A LINK PROVIDED TO PURCHASE TICKETS (Children 4 and under will be admitted free) Athletes must show bib number to enter free. All coaches will receive **one free pass for 4 athletes, two free passes for 5 to 15 athletes and three free passes for 16 or more athletes** in their packet.

ALL TICKETS MUST BE PURCHASED ONLINE

https://coachoregistration.com/dbi-bin/buytickets.pl?Meet_Id=coaofieeve2301

Implements:

- **NO SHARING IMPLEMENTS.**
- You must bring your own implements to compete. There will not be any house Implements
- The weigh-in area is on the Southside doors by the throws area
- **All implements must be weighed in and approved 2 hours before event check in.**

Awards Area:

In individual events, medals will be presented for participants who finish 1st – 3rd place. Competitors will come pick up their medals at the designated area. Awards will be given based on single age.

Results:

Results will be posted online at www.coacho.com



Competitor Bib Numbers: All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the clerking area.

Protests: Protests concerning the status or eligibility of any competitor must be made to the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case, not more than 30 minutes after the result has been announced. Protests MUST be filed in writing and presented to the Meet Director accompanied by a cash deposit of \$100.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

AIR TRAVEL: Asheville Regional 38min, Charlotte 1hr 13min, Greenville/Spartanburg International 49min.

TRYON CABINS: One, Three and Five Bedroom Cabins - Tryon email address (jboudrie@tryon.com)

HOTEL: Holiday Inn Express - 200 Holiday Inn Dr., Forest City, NC 2804, 828-755-2000

Hampton Inn - 227 Sparks Dr., Forest City, NC 28043, 828-382-1001



Tryon Field Events Invitational February 24, 2024

All Running events will start at the designated time listed. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event. All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event Official – ONLY** - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

Running Event Schedule

Time	ROLLING SCHEDULE
9:00AM	60 Meter Dash Prelims – Starting with 5-6 Year-Old Girls – Open and Masters 60 Meter Hurdles Prelims – Starting with 11-12 Year-Old Girls – Open and Masters
11:00AM	60 Meter Hurdle Finals 60 Meter Dash Finals

Field Events for 5–14-year-olds will be contested with four jumps or throws

Field Events and Horizontal Jumps for 15-18-year old and Open & Master will be 3 throws/jumps and a Final

	Long Jump 1	Long Jump 2		High Jump 1	High Jump 2		Pole Vault 1	Pole Vault 2
Time	8:00am	8:00am		12:00pm	12:00pm		10:00am	10:00am
	5-6 B/G	7-8 B/G		5-6 & 7-8 B	5-6 & 7-8 G		13-14 B	13-14 G
	10:00am	10:00am		2:00pm	2:00pm		2:00pm	2:00pm
	9-10B	9-10G		9-10 & 11-12 Boys	9-10 & 11-12 Girls		15-16 B	15-16 G
	12:00pm	12:00pm		4:00pm	4:00pm		5:00pm	5:00pm
	11-12B	11-12G		13-14B	13-14G		17-18 B	17-18 G
	2:00pm	2:00pm		6:00pm	6:00pm		Open & Master	Open & Master
	13-14B	13-14G		15-16 Boys/Girls	17-18 Girls/Boys			
	4:00pm	4:00pm						
	15-16B	15-16G						
	6:00pm	6:00pm						
	17-18B Open & Master	17-18G Open & Master						



Field Event Schedule

Field Events for 5–14-year-olds will be contested with four jumps or throws

Field Events and Horizontal Jumps for 15-18-year old and Open & Master will be 3 throws/jumps and a Final

	Shot Put 1	Shot Put 2	Shot Put 3	Shot Put 4
Time				
9:00am	5 Boys/Girls	6 Boys/Girls	7 Boys/Girls	8 Boys/Girls
11:00am	9 Boys/Girls	10 Boys/Girls	11 Boys/Girls	12 Boys/Girls
1:00pm	13 Boys	12 Girls	14 Boys	14 Girls
4:00pm	15-16 Boys	15-16 Girls	17-18 Boys	17-18 Girls

Corporate Partners

