

U.S. Express Cross Country Invite
October 24, 2020
Hosted by U.S. Express Track Club



AGE GROUPS:
2 mile Middle Schools Senior (13-14 yrs)
2 mile Middle School Junior (11-12 yrs)
1 mile Elementary (10 and Under)

ENTRY FEE: \$15.00 per athlete or Max of \$75 per team

ENTRY DEADLINE: October 22, 2020

AWARDS: Top 12 per race and 1st place Team per race

RULES: Max of 7 athletes per team per race

ENTRY FEES PAYABLE TO: U.S. Express Track Club

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

Your event director's info
225-892-3489
byronturner@usexpresstrackclub.org