



# SEAAU Grassroots Training



## Olympic Grassroots Scrimmage and Officials Hand Signals Training

When: February 19, 2022

Where: US Taekwondo Academy  
1117 Stones River Ct.  
LaVergne, TN 37086

Time:	Registration and Doors Open:	9:00 am
	Warm-ups	10:00 am
	Scrimmage – all belts non KPnP	11:00 am
	intermediate and Up	12:30
		2:00 3:00 pm

Cost: \$35 cash or credit

Contact: Dusty Sands  
[dsands1124@gmail.com](mailto:dsands1124@gmail.com)  
615-506-7003

**All participants must have a current AAU membership. Space is Limited.**

This event is licensed by the Amateur Athletic Union of the U. S. Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.