



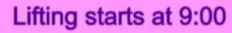


2023 AAU 27th Annual Bull Stewart Alki Beach Classic

Bench Press and Deadlift Championships "Feats of Strength" Battle on the Beach

AUGUST 12, 2023

Alki Beach Bath House
- 2701 Alki Ave SW - West Seattle -





Application www.aaustrengthsports.org

Application Deadline July 22, 2023

bullstewart@hotmail.com 206-854-2678

August 12, 2023 27th Annual AAU Bull Stewart Alki Beach Classic,

Bench Press, Deadlift. Push/Pull Championship, Battle on the Beach! Feats of Strength!

Alki Beach Bath House 2701 Alki Ave. Sw. Seattle, WA. 98116 Across from Spud Fish!

There will be Booth Space Available! \$100

YOU MAY BENCHPRESS, DEADLIFT or USH-PULL

Testing: Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.

Eligibility: All lifters must have a current AAU Membership card \$24 adults, \$14 youth.

Divisions: All weight classes listed below are provided in all divisions for both men and women. Both Raw and equipped Youth (6-7,8-9,10-11,12-13) Raw Teen (14-15,16-17,18-19), Teen (14-15,16-17,18-19) Junior (20-23) Open, Lifetime, Sub-Masters (35-39) Masters 40-44,45-49 etc. in 5 year, Lifetime Masters, Raw Youth, Raw Teen, Raw Junior, Raw Open, Raw Lifetime, Raw Sub masters, Raw Masters (40-44,45-49 etc. in 5yrs increments) Raw Lifetime Masters (5 yrs) Military/Law/Fire/Military (active, retired, reserve), Disabled by weight and age Blind/Dwarf-Wheel Chair & High School.

Weight Classes: Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220, 242, 275,308, 308+ Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+

Weigh-ins: Weigh in, 8am-10am on August 11^h at CCFC Rainier & 6:00-7:30PM Friday Night AT CCFC 2, 2609 South Jackson St. 206-322-1008 or 206-854-2678 my cell. No weigh in on the day of the meet!

Rules Briefing 8:30AM for Bench Press/Deadlift, Rules Briefing 12;30 for Feats of Strength

Lifting Schedule: Lifting Start a 9:00 AM-Feats of Strength Start at 1pm
Awards: Medals/Plaques/Trophies 1st-5th. Best lifter awards in many divisions.
Team Trophies 1st-5th Team Entry Fee: \$70

AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG 'ALL CARD MUST BE BOUGHT ONLINE PRIOR TO THE MEET AND PRESENTED AT WEIGH-INS/CHECKI-IN! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL.

ENTRY DEADLINE IS July 22, 2023- LATE ENTRIES \$25! NO ENTRY AFTER July 29, 2023

NO REFUNDS!!!!

Make Checks Payable to Bull R.

Mail to Bull Stewart, 3913 South Orcas St. Seattle, WA, 98118

Contact: Bull Stewart 206-854-2678 cell

E-Mail bullstewart@hotmail.com

You can call in and pay by CEDIT CARD, CASH APP or VENMO & E-Mail me your application!

AMERICAN RECORDS CAN BE SET !!!

ONLY TAKING THE FIRST 100, MEET WILL BE CAPPED AT 100 LIFTERS! This will be a AAU World

Qualifier for 2023



August 12, 2023 27th Annual AAU Bull Stewart Alki Beach Classic, Bench Press, Deadlift, Push/Pull Championship Battle on the Beach & Feats of Strength!

Name:	Phone:		A.A.U.#
Address	City		Zip
Weight Class Age:	D.O.B.	SEX	
E-Mail address			
Team Name	Team Fee-\$65		
Circle Appropriate-one-PLACE "	A" for Bench, "B" fo	Dead lift, "C" Fo	or Push-Pull, D-Feats of
Strength, 1-Tire Flip, 2-Military p	ress, 3-Farmers walk,	4-Tire Thow, 5-DI	L. 6-Stone carry
Check - RawEquipped	Weight Class		
Onen Teen Verille			
JuniorSub-Master	Master Milita	ry/ Law/Fire/Militar	ry
Disable(Specify, Dwarf, E	Blind, Wheelchair), Speci	al Olympic	
LifetimeHigh SchoolLifetime	_		
Entry Fees: Adults-\$100 fo	or Bench Press or Dea	dlift, \$100 for Pus	sh/Pull, Cross over \$30. Hig
School \$75 for Bench Press or D	eadlift, Push Pull \$75	and any Cross of	ver \$30. Feats of Strength or
event \$65, cross over \$25.			
Pre Order T-Shirts \$2	0 dollars for all pre-ore	ders! \$25 dollars	at the Meet
T-Shirt Size: XSSML>		acia. 420 donaia	at the most.
Amount Enclosed (Entry Fee + T			
Make Check Payable to Bull R. C		13 South Orcas	St Seattle WA 98118
make check rayable to bull R. C	are of bull Stewart, 33	13 South Orcas	St, Seattle, WA. 90110
AAU Powerlifting Waiver and Co	nsent		
In order to be able to participate in this		ting event, I hereby	consent to be drug tested by urin
analysis or whatever other method is o			
be disqualified from the event(s) and m			
publication of my test results and/or m			
I understand that both the collection po AAU)	rocess and testing procedu	res will be performe	ed by a third party (not AAUPC or
I hereby release, discharge and covens	ant not to sue the AAUPC a	nd/or the AAU, their	respective administrators.
directors, agents, officers, members, v			
applicable, owners and lessors of the	premises on which any AAI	Jactivity takes place	e (each considered one of the
releases), from all liability, claims, den			
whole or in part by any and all of the re			
related to this event, and further agree			
indemnity agreement, such a claim is r			
harmless each of the releases from any	litigation expenses, attori	neys fees, loss, liabi	lity, damage, or cost which may
occur as a result of such claim. The parties agree that if any portion of	the consent/release shall b	o deemed invalid a	od/or unenforceable, the rest of
such consent/release shall remain in fu		e decined nivalid at	to or unemoreable, the rest of
Signature:	Date:		
5.			
Signature of parent or Guardian:		if under a	ne 21

Bull Stewart-AAU Director of Strength Sports, Mark Bryant-PL State Chair