



Dolphins Mixed Fall Invitational

Saturday, October 27, 2018

Pocahontas Aquatic Center

Hosted by: PAC Dolphins Swim Team

- . This event is licensed by the Amateur Athletic Union of the U.S., Inc. (Event Code: Sanction Pending)
- . All participants must have a current AAU membership.
- . AAU membership may not be included as part of the entry fee to the event.
- . AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership. Adult AAU Memberships require a background check.

Meet Director: Sara Frazier E-mail: wsfrazier@live.com

Additional Team Contact Email: beadolphinsswimmer@gmail.com

Date & Start Time: Saturday, October 27, 2018. Meet start @ 9 am.

Location: Pocahontas Aquatic Center, 300 Geneva Dr, Pocahontas, AR

Facility: 25 meter pool with 8 lanes, SST Timing system with plunger, and Colorado Touchpads. The 2nd and 4th swimmers in the 100 meter relays may want to start in the water because of the pool depth. Also, all the 25 events will start at the "shallow" end. Swimmers will not be allowed in the therapeutic pool or in the water park area.

Bullpen: No bull pen will be used.

Eligibility: AAU registered athletes. The age of the swimmer as of Saturday, October 27, 2018 will be the athlete's competition age.

Age Divisions: 8 & under, 9-10 years, 11-12 years, 13-14 years, 15-18 years, & Masters 18+.

Relays will be 8 & under and 10 & under (100 meters), 12 & under, 14 & under, 18 & under, & Master's 18+ (200 meters).

Events:

- ? All events will be TIMED FINALS.
- ? Submit swimmer's best SHORT COURSE METER times to ensure proper seeding.
- ? All events are open to all age groups & Masters 18+.
- ? This meet will be pre-seeded.

- ? All ages will swim together.
- ? Events will be scored separately by age groups & gender.
- ? Heats will be mixed gender and seeded by time.
- ? Free and Medley Mixed Relays will be offered. 2 boys & 2 girls (100 relays 10&U, 200 relays 11+)

Awards:

- ? Individual Events: Ribbons will be awarded for 1st-8th place in all age groups.
- ? Relay Events: Ribbons will be awarded for 1st – 6th place.
- ? Heat Winner ribbons will be awarded.
- ? High Point: Medals will be awarded for 1st-3rd each age group and gender.
- ? Team Trophies: Will be awarded for 1st-3rd

Scoring: Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2

Results: Will be posted between the pool and lobby throughout the day.

Warm-up Times: TBD

Entry Limit: Each swimmer may swim a maximum of five (5) individual events and two (2) relays. Mixed Relays are included in the event limit.

Entry Deadline:

- ? Entries must be submitted no later than 6:00 pm on Monday, October 22, 2018.
- ? Deck entries will be accepted for events if the swimmer is already registered for the meet, and if there is an empty lane. No new heats will be created.

Entry Fee: \$35/swimmer.

Send Entries To: Sara Frazier wsfrazier@live.com

Contact Telephone numbers: Sara Frazier 870-892-8799 or Anna Lawhon 870-809-1423

Rules and Safety: This is an AAU sanctioned meet and USA rules shall govern the meet. Possessing a still or video camera or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will be asked to leave the meet. Please remind parents that any concerns should be directed to their child's coach and NOT to any officials or coaches of other teams.

NO alcohol, vaping, or smoking in the Pocahontas Aquatic Center.

Concessions: NO GLASS CONTAINERS WILL BE ALLOWED ON THE POOL DECK. Concession stand will be available.

Pro Shop: Swim Shop will be available.

Hospitality: Limited Hospitality will be available. Drinks and snack mix will be provided for the coaches, Officials, and Timers.

Meet Director: Sara Frazier

Referee: TBD

Starter: TBD

Timers and Officials: We will need two (2) timers per lane. We will be using a SST timing system with 1 plunger, Colorado touch pads, and stopwatches. Once entries are received and our swimmers' families are signed up, we will let you know how many timers your team will need to provide. It is recommended that your team submit a timer's sheet to the announcer the day of the meet to insure that there are plenty of timers from your team. Also, each team must provide as many stroke and turn judges as possible.

Meetings: Stroke & Turn Judges: 8:30 am Hospitality

Timers: 8:45 am behind the blocks

Coaches: 8:45 am Hospitality

Event Order

Medley Relay

Mixed Medley Relay - 2 boys & 2 girls (100 Medley 10&U, 200 Medley 11+)

25 Free

25 Back

25 Breast

25 Fly

100 IM

50 Free

50 Back

50 Breast

50 Fly

200 IM

100 Free

100 Back

100 Breast

100 Fly

200 Free

Free Relay

Mixed Free Relay - 2 boys & 2 girls (100 Medley 10&U, 200 Medley 11+)