

**2024 SDWCA District 8
AAU Wrestling Tournament
March 2, 2024
Dell Rapids High School**



DATE: March 2nd, 2024

TIMES: 7AM-9AM Weigh-ins
9:30AM Coaches Meeting
10:00AM Wrestling Starts

LOCATION: Dell Rapids High School, 1216 Garfield Ave Dell Rapids, SD

HOST: Dell Rapids Youth Wrestling

CONTACTS: Brianna McLaughlin
youthwrestlingdellrapids@gmail.com

PARTICIPANTS: Brookings, Chester, Colman, Dell Rapids, Flandreau,
Garretson, Madison, Sioux Valley, Tri-Valley

ENTRY INFO: Entry fees payable to: Dell Rapids Youth Wrestling

\$15 PER Wrestler (AAU Card and Birth Certificate Required, Girls also need School Report Card) \$5 Adults
\$3 Students
\$25 Coaches (includes gate fee and SDWCA stamp)

AGE and WEIGHTS:	GIRLS Division/BOYS Division
GIRLS TOTS(2018 & AFTER)	37-40-43-46-49-53-57-67-HWT
GIRLS BANTAM(2017 & 2016)	40-44-47-50-53-57-61-65-70-76-83-91-HWT
GIRLS MIDGET(2015 & 2014)	50-55-60-65-70-77-84-96-110-125-HWT
GIRLS NOVICE (BORN in 2013 & 2012)	60-66-72-80-90-100-110-120-130-160-HWT
SCHOOLGIRL(BORN in 2011 & 2010)	75-83-90-98-105-112-124-130-138-148-160-185
TOTS (BORN in 2018 and AFTER)	37-40-43-46-49-53-57-67-HWT
BANTAM (BORN in 2017 & 2016)	40-44-47-50-53-57-61-65-70-76-83-91-HWT
MIDGETS (BORN in 2015 & 2014)	50-53-56-59-63-67-72-77-82-89-96-104-113-123-134-HWT
NOVICE (BORN in 2013 & 2012)	60-64-68-72-77-82-87-93-100-108-117-127-138-150-175-HWT
SCHOOLBOY (BORN in 2011 & 2010)	70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-215-HWT

Pre-register on Trackwrestling.com before 12:00 noon Friday March 1st
It is **STRONGLY** discouraged, but walk-ins are allowed the day of the Tournament

CADETS (BORN in 2009 & 2008) will start wrestling at Regions and must PRE-REGISTER on Trackwrestling.com by Thursday March 7th, at 11:59PM

Wrestlers placing in the TOP 8 in each weight class will qualify for the 2024 SDWCA Region 4 Tournament held March 9th at the Watertown High School

**In order to allow opportunities for other deserving athletes, if you are attending Heartland Duals you will not be eligible to compete in the SDWCA tournament series. If you are attending Heartland Duals and are entered in any of the SDWCA tournament series events you will be notified and removed from that event.

Breakfast and Lunch Concessions will be served starting at 7:00AM----NO COOLERS ALLOWED

District 8 T-shirts (\$20) will be available for purchase from 3X Gear with either cash or a check

Inclement weather announcements will be made on dakotagrappler.com

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.