

July 9 & 10th, 2022 VIRGINIA'S OLDEST AGE GROUP TRACK AND FIELD COMPETITION 35th YEAR RUNNING HOSTED BY:

Lightning EAST END Age Group Championship



HIGHLAND SPRINGS HIGH SCHOOL 200 S. AIRPORT DRIVE HENRICO, VA 23075

This event is licensed by the Amateur Athletic Union of the U.S., Inc.All participants must have a current AAU membership.

• AAU membership may not be included as part of the entry fee to the event.

AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.