



# 2023 AAU District Qualifying Track & Field & Multi-Event Meet WV AAU Open and Masters Championships

**Saturday, June 10, 2023, 9:00 am**

**UC Stadium at Laidley Field  
Charleston, WV**

Licensed by: **Amateur Athletic Union (AAU)**

REGISTRATION LINK [HERE](#)

**Co-Meet Director**

**Chip Ferrell**

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**Co-Meet Director:**

**Marshall Cavender**

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#### **Fees:**

Entry fee is \$25.00 for each **athlete**. No entry fee will be transferred or refunded. **Entry will not be processed unless entry fee is paid by the deadline**, 11:59 pm Eastern Time, Wednesday, June 7th. Bring a legible copy of a birth certificate or proof of age, along with a 2023 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid on-line at [www.coachoregistration.com](http://www.coachoregistration.com), no exceptions will be granted.

#### **Eligibility:**

**This meet is open to any athlete who falls within the age divisions listed below.** Athletes aged 13 (Sub-Youth) and older may enter in up to a maximum of 4 events including relays. Younger age brackets may only enter in 3 events including relays. There are no event limits for Open and Masters athletes. A multi-event counts as one event. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins.

**Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at events.** Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership. **Please allow 10 days for the membership to be processed.**

**Junior Olympic Declaration and Registration Information:** All participating AAU eligible Athletes qualify for the AAU Region 4 Championship Meet. In Springfield, OH June 29-July 2, 2023. At this meet, the top 6 in each running and field event, top 6 in relays, and top 4 in multi-events will be able to compete in the AAU 2023 National Junior Olympic Games July 28-August 5, 2023 at Drake University in West Des Moines, IA. Registration and information on the Junior Olympics will be on the CoachO website.

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## Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The Young Men's/Women's division athletes born in 2005 must turn 19 after 08/05/2023, the final day of the national meet (July 28 through August 5 at Drake University in West Des Moines, IA).

Age Divisions	100	200	400	800	1500	3000	1500	3000	2000	800	1500	1500	2000	400	L	T	J	T	D	S	H	P	400	400	400	M
	0	0	0	0	5	0	5	0	0	0	0	0	0	0	J	J	T	J	T	P	J	V	X	X	X	U
	0	0	0	0	0	0	0	0	0	H	H	H	H				A	V				1	4	8	L	
							R	R	St													0	0	0	T	
							W	W	C													0	0	0	I	
<b>8 &amp; Under (2015 &amp; After)</b>	X	X	X	X										X			X		X			X	X			
<b>9 Year Old (2014)</b>	X	X	X	X	X		X							X			X		X	X		X	X		X	
<b>10 Year Old (2013)</b>	X	X	X	X	X		X							X			X		X	X		X	X		X	
<b>11 Year Old (2012)</b>	X	X	X	X	X	X	X			X				X			X	X	X	X		X	X		X	
<b>12 Year Old (2011)</b>	X	X	X	X	X	X	X			X				X			X	X	X	X		X	X	X	X	
<b>13 Year Old (2010)</b>	X	X	X	X	X	X		X		X		X		X	X	X		X	X	X	X	X	X	X	X	
<b>14 Year Old (2009)</b>	X	X	X	X	X	X		X		X		X		X	X	X		X	X	X	X	X	X	X	X	
<b>15-16 Year Olds (2007-2008)</b>	X	X	X	X	X	X		X	X		G	B		X	X	X	X		X	X	X	X	X	X	X	
<b>17-18 (2005-06) + still 18</b>	X	X	X	X	X	X		X	X		W	M		X	X	X	X		X	X	X	X	X	X	X	

## Entry Process:

### Teams must be AAU registered teams:

All teams and unattached athletes must utilize the [www.CoachO.com](http://www.CoachO.com) online entry process. Athletes can be entered until 11:59 pm Eastern Time, Wednesday, June 7th. You must pay for your entries with a credit card on-line or an e-check. Immediately after registering on-line, individuals and teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet.

### Check-In Requirements:

Be sure to bring birth certificates and AAU cards with you when you pick up your numbers.

### Awards:

In individual and relay events, medals will be awarded to the top 6 participants.

### Facilities and Refreshments:

The track is an 8-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. The Kanawha Valley Track & Field Officials Association and WV USA Track & Field will provide USATF Certified Officials and fully automatic timing & results (Finish Lynx Cameras interfaced with Hy-Tek Meet Manager) to run this meet. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility. Full-service concession stands and a hospitality area for officials are provided.

### Equipment:

The meet management will provide starting blocks, batons, and throwing implements. There is no need to bring personal implements with you (except poles for vaulting). Those who desire to utilize personal implements must obtain certification from the weights and measures meet official prior to competition, including pole vault poles. If personal implements are used, they will not be released until the end of the competition for that age group.

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## Order of Events

**Rolling Schedule -- Youngest age group runs first -- Girls run before boys -- As one event ends, the next event starts. Listen to the announcer for your events**

### **9:00 AM Saturday, June 10**

3000m Run (B&G 11-18)  
2000m Steeplechase (B&G 15-18)  
80m Hurdles (G&B 11-12) (30")  
100m Hurdles (G 13-14) (30")  
100m Hurdles (B 13-14/G15-18) (33")  
110m Hurdles (B 15-18) (39")  
100m Dash Timed Finals (G&B)  
400m Dash (Timed Final) (G&B)  
4x100m Relay (G&B)

### **Break at noon for 30 min**

4x800m Relay (G&B 13-18)  
1500m Run (G&B)  
200m Hurdles (G&B 13-14)  
400m Hurdles (G&B 15-16/17-18)  
800m Run (G&B)  
200m Dash Finals (G&B)  
4x400m Relay (G&B)  
1500m, 3000m Race Walks (G&B)

**FIELD EVENTS WILL START & PROCEED ON A ROLLING SCHEDULE. REPORT WHEN EVENT IS CALLED AND OFFICIALS MAY ASSIGN FLIGHTS AS NECESSARY.**

### **9:00 AM Saturday June 10**

Pole Vault (13-18 Girls then Boys)  
Discus (11 & up Boys then Girls)  
High Jump (9 & up Girls then Boys)  
Long Jump (All ages Boys then Girls)  
Shot Put (All ages Boys then Girls)  
Turbo Javelin (12 and Under Boys then Girls)  
Javelin (13 & up Girls then Boys)  
Triple Jump (13 & up Girls then Boys)

**Running Events take precedence over Field Events.** Get excused from the Field Event Official, run your race, and return within 10 minutes to the Field Official to report back.

**Laidley Field** is located at 1549 Piedmont Road on the east side of Charleston, WV. 524 Elizabeth Street will take you by GPS to parking by the field. **Directions:** I-77 to Greenbrier Street Exit (99); South on Greenbrier Street to traffic light at Washington Street, right on Washington to next traffic light at Elizabeth Street; right on Elizabeth St., 3 blocks to Laidley Field (on the left). For more information on hotels in Charleston or what to do in West Virginia, check online at [www.charlestonwv.com](http://www.charlestonwv.com) or call the Charleston Visitors and Convention Bureau at 304/344-5075.

**IMPLEMENT WEIGH-IN: at the venue**