

Adamson's Karate Studio  
P.O. Box 3565  
Carmel IN, 46082



# AAU KARATE

## INDIANA DISTRICT CHAMPIONSHIPS

March 9, 2019  
Avon Middle School North,  
1251 N Dan Jones Rd • Avon, IN



This event is licensed by the Amateur Athletic Union of The U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.

**NATIONAL KARATE COMMITTEE**  
**Chairman, J.B. Mirza Phone: 847-398-9410**

**Sanctioned by:**  
**Amateur Athletic Union of the United States**

• Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership

# INFORMATION TO COMPLETE REGISTRATION FORM

Division	Time in Training (Maximum)	Must wear this color
<b>Beginner</b>	Up To 1 Year	White
<b>Novice</b>	1 Year - 2 Years	Green
<b>Intermediate</b>	2 Years - 4 Years.	Brown
<b>Advanced</b>	4+ years	Black

## Age of Athletes :

The age division that you sign up for must be the age you will be as of July 1st 2019 This is due to fact that this is the qualifi-er for the AAU National Championships held July 5th through July 9th. If age is challenged, please be able to produce proof of age, such as a birth certificate, passport, etc.

## Events:

Kata (Forms), Kumite (Sparring), Kobudo (Weapons).  
The entry fee covers all of the above listed events. Competitors may compete in any or all events.

## Rules:

All sparring divisions will be using AAU Karate Sanban Rules.  
All Katas **must** be traditional Okinawan or Japanese.

For the Complete Rule Book Please Visit:

<http://www.aaukarate.org/Rules/AboutKarate.aspx>

## Awards:

Gold, Silver, and Bronze Medals will be presented for 1st through 3rd place in each event.

In some cases we will award ribbons for places 4th through 8th place.

## Equipment Requirements

- 1) Mouth guard
- 2) White Naugahyde/Leather fist guards
- 3) AAU Approved White Headgear with FaceShield  
(Under 18 year old competitors)
- 4) Protective cup. (Male Competitors)

### Optional Equipment:

- 1) White breast shield under gi.(Female Competitors)
- 2) Open Face Headgear
- 3) Cloth Shin Pads (Adult Competitors)
- 4) Cloth Shin/Instep Pads. (Junior Competitors)

### Uniform Requirements

This is a Traditional Karate Tournament so All competitors must wear a Traditional White Gi without stripes or piping. Sleeves and Cuffs must not be rolled up. Pants and sleeves must be 3/4 Length from the knee to the ankle or elbow to wrist. Females Must Wear Plain White T-shirt or White Sport Bra under Top. No Headbands or Jewelry allowed.

## Schedule

	Check-In Deadline	Projected Start Time
Volunteers Meeting	10:00	10:30
Officials Meeting	10:40	10:50
All Adults (18-34 Years Old)	10:30	11:00
All Senior Adults (35 Years & over)		
All 12-17 Year Old Competitors	12:15	12:45
Respect Ceremony		3:30
All 3 - 11 year old Competitors	3:00	3:40

NAME: \_\_\_\_\_  
 (PLEASE PRINT)  
 Birth Date: \_\_\_\_\_ Karate Start Date: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 HEIGHT: \_\_\_\_\_ Feet \_\_\_\_\_ Inches WEIGHT: \_\_\_\_\_ lbs  
 Parent's Name (if minor): \_\_\_\_\_  
 Karate School Name \_\_\_\_\_  
 2018-19 AAU Number\* \_\_\_\_\_  
 If not a member, apply for membership: [www.aausports.org](http://www.aausports.org)

**\$55 Pre Registration**

**Must have an AAU Membership:**

If not a current 2015-16 AAU member, please apply for membership: [www.aausports.org](http://www.aausports.org)

**\$20 Late Fee** after 3/6/19

Checks payable to: Adamson's Karate

**Register Online**  
**Opening Feb 3rd @**  
[www.adamsonkarate.com/register.html](http://www.adamsonkarate.com/register.html)  
**or mail forms to**  
 PO Box 3565 Carmel, IN 46082

**Please circle all categories that apply:**

**Age:** as of (7/1/14)  
 3-5      6-7      10-11      14-15      18-34  
 8-9      12-13      16-17      35 and up

**Division:**  
 Beginner  
 Novice  
 Intermediate  
 Advanced

**My Events:**  
 Kata (Forms)  
 Kumite (Sparring)  
 Kobudo (Weapons)

**WAIVER**  
 I hereby for myself, my executor(s), my heirs, forever and always agree to save and hold harmless the Amateur Athletic Union of the United States and all of its officers, referees, judges, volunteers, workers, members, tournament director, tournament promoter, tournament employees, the facility owners, their respective officers, agents, successors, and anyone else involved in the conduct of this karate tournament for any liability or injury I may sustain by way of traveling to and from, participating in, or other direct or indirect involvement in the AAU/USA Karate Tournament that I have entered. In addition, I hereby for now and forever, accept any and all responsibilities for any actions in conjunction with the AAU/USA Karate Tournament and the traveling to or from or participating in said event. Finally, I agree to allow, without compensation, the use of any photographs, films, or videotape of myself.  
 I have no Medical Problems, or I do have Medical Problems but I am able to compete: (Explain) \_\_\_\_\_  
**SIGNATURE:** \_\_\_\_\_  
 (Parent or Guardian if under 19 years of age) **DATE:** \_\_\_\_\_