

**2020 VERY MERRY  
CHRISTMAS CLASSIC  
MISSOURI-OZARK AAU GYMNASTICS MEET  
December 12 and 13, 2020  
Hosted by: Xtreme Gymnastics**

Meet Facility Location: **2345 Cheshire Boulevard, Poplar Bluff, MO 63901 (do not mail entries to this address please! Mailing address listed below.)**

Meet Director: Jessie Walker-Luce (573) 785-3780

Event Date: December 12 and 13, 2020

Gymnast Entry Fee **\$50 per athlete**  
**\$30 per Team Entry**  
*Please make checks payable to Xtreme Gymnastics*

Levels: AAU Girls 1-9, All Xcel divisions

**ENTRY DEADLINE: November 10, 2020 LATE ENTRIES WILL NOT BE ACCEPTED**

**\*\*please help us plan our meet as effectively and efficiently as possible by turning in your entry forms and payment by the due date! Thank you in advance for your cooperation!\*\***

**Admission: \$6.00 adult, \$3.00 children CASH ONLY**  
**Ages 5 and under are free**  
**\*\*Please make sure your parents are aware of the entry fees. This helps prevent "disgruntled spectators." Thank you!**

Awards: Ribbons for individual events, Medals for all around. Trophies or Banners for team entries. We will be awarding 100%.  
*Awards will be announced so that each gymnast will be presented all awards in the all-around ranking presentation.*

AAU Licensed This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.

Age Groups: No more than 12 gymnasts will be allowed per awards age group.  
We will split larger age groups based on birthdates.

Judges: Judges are rated and contracted through NAWGJ.

**PLEASE MAIL ALL ENTRY FORMS TO:**  
**XTREME GYMNASTICS**  
**1206 VICTORIA ROAD, POPLAR BLUFF, MO 63901**

## **SPECIAL COVID-19 CONSIDERATIONS**

SESSION SIZE:	Approximately 30 gymnasts per session
SPECTATOR ADMISSIONS:	<p>We will be allowing 3-4 spectators per gymnast (final determination closer to event date, based on current social distancing guidelines and facility capacity requirements)</p> <p>Spectators will have to “sign in” next to the competitor’s name to ensure we are able to stay within the spectators per gymnast policy</p> <p>Currently, it is not required in Poplar Bluff (Butler County), Missouri to wear a mask in public settings. However, with some areas not being feasible for social distancing, spectators, gymnasts and coaches are encouraged to wear a mask in common areas when moving through the spectator viewing area, restrooms, concessions, lobby, etc of our facility. **If our county guidelines/mandates change, clubs will be notified immediately**</p> <p>Spectators will be seated in “pods” of 3 or 4 (final number TBD) and those attending will be seated together by gymnast. Example—all of Sally’s 3 or 4 spectators will be seated together in a pod. *This may mean that divorced parents would be seated together. This may not be ideal for all families, but it is currently the hand we are dealt*</p> <p>Seats will be cleaned after each session.</p>
MEET FORMAT:	<p>We are planning to have 2 judges and compete 2 events at a time. The clubs will be split into 4 events. The clubs on vault and bars will warm up and immediately compete. As soon as vault/bars begin competing, beam and floor clubs will begin warming up. The judges will move immediately from vault/bars to beam/floor; then bounce back and forth. There will be a rotation schedule for the clubs to follow. It will not necessarily rotate in Olympic order. This will help ensure social distancing for the gymnasts and keep the event moving quickly.</p> <p>OPEN STRETCH will be conducted IN PLACE for cardio movements and stretching to allow for proper social distancing. We have a 40 x 40 floor and vault runways that can be used. This should allow ample space with limited gymnasts per session.</p>
CLEANING/SANITIZING	Mats will be sanitized between session. While we will have a supply of hand sanitizer, we ask that each gymnast bring her own hand sanitizer to keep in her gym bag to use before and after each event warm up/competition.
HOSPITALITY:	Hospitality meals will be provided for COACHES & JUDGES in individual containers. All meals are all from local restaurants but may require “handling” from our staff to package individually as all items come “bulk.” There will be ONE Xtreme staff member who will be temp checked, masked and gloved to handle any meals. If you are uncomfortable with this in any way, please make arrangements to bring your own meals.
AWARDS CEREMONY:	Clubs will sit on the floor in a row for each club-- “college” style in a straddle position with warm up suits on. As awards are announced for each level/age group, the gymnast will stand in place when her name is called. Coaches will present their own gymnasts with awards, and will take the awards off of the awards table. The awards will be grouped together for each gymnast and marked with a sheet of paper with the correlating gymnast’s name. There will be an awards table designated for EACH club to limit interaction with other teams/coaches. This table will be at the back of the floor (at the end of each team “row”).
REFUND POLICY:	<p>Refunds due to injury or illness will be provided up through December 5 with a valid doctor’s note/excuse.</p> <p>If the entire event is canceled, refunds will be provided less any non-refundable expenses (awards, pre-paid hospitality, etc).</p>
TENTATIVE SCHEDULE:	8 am-9:45 am; 10:15 am-11:45 pm; 12:15 pm-1:45 pm; 2:15 pm-3:45 pm; 4:15-6:15; 6:45 pm-8:45 pm (last 2 sessions gold/platinum/Level 4-7). *This is the potential schedule for Saturday and Sunday (Sunday will be used if needed).