

AAU Track & Field Personal Best Community Meet

July 15, 2022

Edmond, OK



DATE: Friday, July 15th, 2022

LOCATION: Edmond Memorial High School
1000 E. 15th St
Edmond, OK 73013

HOST: Coach Eric Hudgens 918-361-8083
www.personalbestathletics.com

ENTRY DEADLINE: WEDNESDAY, July 13th, 2022 by 5:00pm on CoachO.com

FEE: \$15 Meet Entry Fee, Spectator Admission \$3 for Adults & \$2 for Kids

AGE: Divisions will run Based on Birth Year, the age the participant will be at the end of 2022
Elementary Ages 9,10,11;
Middle School Ages 12,13,14;
High School Ages 15,16,17,18;
Adult 19+

TIME: 6:00pm - 9:30pm

EVENTS:

- 6:00pm PJ-** High School, Adult
- 6:00pm *Shot Put-** Middle School, High School, Adult
- 6:30pm 200m-** Elementary, Middle School, High School, Adult
- 7:00pm 800m-** Elementary, Middle School, High School, Adult
- 7:15pm *Discus-** Middle School, High School, Adult
- 7:25pm 100m Hurdles/110m Hurdles-** Middle School, High School, Adult
- 8:00pm 400m-** Elementary, Middle School, High School, Adult
- 8:30pm 3000m-** Elementary, Middle School, High School, Adult
- 8:45pm 300m Hurdles-** Middle School, High School, Adult

**Field Event Competitors should bring their own implements.*

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- Visit the AAU website www.ausports.org to obtain your membership.

FOR MORE INFORMATION:

Coach Eric Hudgens | 918-361-8083 | ehudgens@personalbestathletics.com
Coach Tyler Sergent | 405-923-0880 | tyler.sergent@edmondschools.net