

**Central California AAU
Strength Sports
Ohana Iron Challenge
August 17, 2024**

**Hosted by Team Juanatas-Bowens
Team Juanatas-Bowens, Bakersfield, CA**

AGE GROUPS: 20-23 Yrs Old, 5 & under, 24-34 Yrs Old, 6 & 7 Yrs Old, 35-39 Yrs Old, 8 & 9 Yrs Old, 10 & 11 yrs Old, 40-44 Yrs Old, 12 & 13 Yrs Old, 12 & 13 Yrs Old, 45-49 Yrs Old, 14 & 15 Yrs Old, 50-54 Yrs Old, 16 & 17 Yrs Old, 55-59 Yrs Old, 18 & 19 Yrs Old, 60-64 Yrs Old, 65-69 Yrs Old, 70-74 Yrs Old, 75-79 Yrs Old, 80-84 Yrs Old, 85-89 Yrs Old, 90 + Yrs Old, 16 & 17 Yrs Old, 18 & 19 Yrs Old, 20U, 20-23 Yrs Old, 24-34 Yrs Old, 40-44 Yrs Old, 45-49 Yrs Old, 50-54 Yrs Old, 55-59 Yrs Old, 60-64 Yrs Old, 65-69 Yrs Old, 70-74 Yrs Old, 80-84 Yrs Old, 90 + Yrs Old

ENTRY FEE: \$25.00

ENTRY FEE PAYABLE TO: Team Juanatas-Bowens

ENTRY DEADLINE: August 03, 2024

SIGN UP AT: www.TeamJuanatas-Bowens.org

AWARDS: 1st, 2nd and 3rd will be awarded by 1) Powerlifting and or Weightlifting 2) gender 3) age group and weight class 4) by team

RULES: AAU Powerlifting Rules and AAU Weightlifting Rules

ADDITIONAL INFO: Fee schedule \$25 for youth; \$45 for adults; \$20 teams.

If you live outside of Bakersfield, CA please email Bryan Bowens at Bryan.Bowens@TeamJuanatas-Bowens.org for the Information on the application and how to pay registration fees.

FOR MORE INFORMATION:

Bryan Dewitt Bowens
bryan.bowens@teamjuanatas-bowens.org

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.