

AAU Gymnastics

Flip Flop for Fall Meet

November 11, 2023

Hosted by Flipstar Gymnastics
Ludington, MI



MEET DATE:	November 11, 2023
AGE GROUPS:	All Xcel Levels, Youth & Ladies Divisions
ENTRY FEE:	\$75 per gymnast, \$50 per team level
ENTRY DEADLINE:	October 13, 2023
AWARDS:	Awards for 100% All Events, All-Around and Teams, All gymnasts will receive a FREE EVENT T-SHIRT!
RULES:	Current AAU Gymnastics Rules
MEET LOCATION:	Flipstar Gymnastics Center, 5909 W. US HWY 10, Ludington, MI
SPECTATOR FEES:	\$8 Adults, \$4 Kids 12 and Under
ENTRY FEES PAYABLE TO:	Flipstar Gymnastics Center (checks only, no credit cards) Mail Roster w/ Names, Level, Birthdate, AAU Number & T-Shirt Sizes to Flipstar Gymnastics Center, 6770 W. Timber Lane, Ludington, MI 49431

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- **BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:
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