



## Pacific Diving Academy 2020 Red South Qualifier - Cerritos, CA

<AAU Sanction pending> or <AAU Sanction #>

- Date & Time:** March 21-22 2020
- Meet Location:** Cerritos Swim and Fitness Center  
13150 E. 166th St.  
Cerritos, Ca 90703  
(562) 407-2600
- Entry Fee** **Entry Fees: \$35.00 per event (Entry fees are NON-REFUNDABLE).**  
Normal Entry deadline is March 17th 11:59 PM PST  
**Late fee: \$20.00 will be assessed after the deadline.**  
**ONLINE Registration deadline: Wednesday, March 18th 2020**  
**Deck entry fee: \$40.00 (+ Entry Fee of \$35.00 per event)**  
**No dive Changes fees**
- Directions:** Off 5 FWY: Exit Carmenita head South, Go 2 Blocks, turn right on 166th, facility on left side.  
Off 91 FWY: Exit Carmenita head North, Go 2 Blocks, turn left on 166th, facility on left side.
- Practice Times:** Open Warm up 7am-8:30am each day, 30 min event warm up, competition starts at 9am each day.
- Facility:** Cerritos Swim and Fitness Center  
Indoor Facility  
Two – 1 meter and 3 meter springboards on cement stands  
Pool depth: 13ft.
- Sponsor:** Pacific Diving & Gymnastics Academy
- Meet Director:** Lisa Treguboff  
Lt\_1981@yahoo.com  
(562) 318-8752
- Sanction:** This event is licensed by the Amateur Athletic Union of the U.S., Inc.

**Online Registration:** Divers register online on Cleanentries.com. Credit card charges will be shown on your credit card statement as "OVERLY NIFTY LLC". If you have never been on <https://cleanentries.com/> . . You will need to make a diver's account, diver's AAU number will be required to do so. Please use the same diver's name as the one on AAU. **Potential refunds will be addressed by the Meet Director**

**Age Division/Skill Level:**

<ul style="list-style-type: none"> <li>● 9 and Under Boys and Girls (Group E)</li> <li>● 10 to 11 Boys and Girls (Group D)</li> <li>● 12 to 13 Boys and Girls (Group C)</li> <li>● 14 to 15 Boys and Girls (Group B)</li> <li>● 16 to 17 Boys and Girls (Group A)</li> <li>● 18 to 19 Boys and Girls (Group A)</li> </ul>	<ul style="list-style-type: none"> <li>● Age is determined by December 31 of the year of the competition.</li> <li>● All age group divers remain qualified from the 1st of January to midnight of the following 31st December in the year of competition.</li> </ul>
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Top 6 divers in each event qualify for the Red-White-Blue National Diving Championship. Should a top 6 diver decline to attend, the 7<sup>th</sup> place diver will be invited to attend and so on. Divers who qualify in a springboard event automatically qualify for the Red-White-Blue Platform event. Divers who ATTEND the Red-White-Blue National Diving Championships will be outfitted. More details TBA. Qualifying divers who attend Red-white-Blue National Championship meet will be outfitted.

● **QUALIFYING EVENTS**

<b>Group E, 9 &amp; Under</b>	<b>Group D, 10-11</b>	<b>Group C, 12-13</b>
<b>Boys and Girls</b> 3 Vols, 1 opt Vols Max 1m 5.4, 3m 5.4	<b>Boys and Girls</b> 3 Vols, 2 opts Vols Max 1m 5.4, 3m 5.4	<b>Girls</b> 5 vols, 2 opts <b>Boys</b> 5 Vols, 3 opts Vols Max 1m 9.0, 3m 9.5
<b>Group B, 14-15</b>	<b>Group A, 16-17</b>	<b>Group A, 18-19</b>
<b>Girls</b> 5 vols, 3 opts <b>Boys</b> 5 Vols, 4 opts. Vols Max 1m 9.0, 3m 9.5	<b>Girls</b> 5 vols, 4 opts <b>Boys</b> 5 Vols, 5 opts Vols Max 1m 9 0, 3m 9.5	<b>Girls</b> 5 vols, 4 opts <b>Boys</b> 5 Vols, 5 opts Vols Max 1m 9 0, 3m 9.5

**CALIFORNIA NOVICE RULES**

<b>CALIFORNIA NOVICE Rules - Dive Requirements</b>		
<b>Novice 9 &amp; Under</b>	<b>Novice 10-11</b>	<b>Novice 12-13</b>
<b>Boys and Girls</b> 4 dives or skills in any combination Skills 1.0DD Dives Normal DD	<b>Boys and Girls</b> 5 dives or skills in any combination Skills 1.0DD Dives Normal DD	<b>Boys and Girls</b> 6 dives or skills in any combination Skills 1.0DD Dives Normal DD
<b>14-15</b>	<b>Novice 16-18</b>	<b>Bank of Skills</b>
<b>Boys and Girls</b> 6 dives or skills in any combination Skills 1.0DD Dives Normal DD	<b>Boys and Girls</b> 7 dives or skills in any combination Skills 1.0DD Dives Normal DD	<b>Bank of skills</b> 100 A, B, C 200 A, B, C 5301, 5102, 5303, 5104, 5201, 5203, 5205 A, B, C 001 A, B, C – no jumping starts allowed on 1m & 3m 002 A, B, C – no jumping starts allowed on 1m & 3m

**Important:** The timeline will be emailed to coaches Friday, March 21st, 2020

**Awards:** AAU Medals for Places 1<sup>st</sup> - 6<sup>th</sup>.  
RWB National Qualifier Certificate for Places 1<sup>st</sup> - 6<sup>th</sup>.  
AAU Ribbons for Non-Qualifying Events for Places 1<sup>st</sup> - 8<sup>th</sup>

**Concessions:** Concessions will be available at the meet

**Meet Shirts:** Meet shirts information will be provided soon.

**AAU Membership:**

- All athletes and coaches must have a current 2020 AAU Membership before registering online; for athletes the fee is \$14 and for coaches the fee is \$16.
- **IMPORTANT: Please bring a copy of your AAU Membership to the pool.**
- AAU membership is not included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
- **Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.**