

**Connecticut AAU
Gymnastics
Spirit of Fran Meet
February 12, 2023**

**Hosted by GYMN AND CHEER ACADEMY OF CT
Gymnastics and Cheerleading Academy, Fairfield, CT**

AGE GROUPS: Youth Excel Bronze, Youth Excel Silver, Youth Excel Gold

ENTRY FEE: \$70.00

ENTRY FEE PAYABLE TO: Gymnastics and Cheerleading Academy

ENTRY DEADLINE: December 30, 2022

SIGN UP AT: darcy@gcaofct.com

AWARDS: Individual events awards at least top half +1 medals, bottom half ribbons
? All Around top half +1 trophies, bottom half medals,

RULES: We will run 3 meets levels and times TBD

ADDITIONAL INFO: Please send rosters to darcy@gcaofct.com
Checks should be mailed to GCA 85 Mill Plain Road Fairfield CT 06825

FOR MORE INFORMATION:

Darcy Elizabeth Appleby
darcyriehl@hotmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.