

**NC AAU WRESTLING 2023-24 SEASON  
TOURNAMENT ENTRY FORM AND FLYER**

**2024**

**AAU Southern Championships**



HOSTED BY: NC Wrestling  
DATE: **January 21<sup>st</sup> 2024**

TOURNAMENT LOCATION :  
Tryon International Equestrian Center  
25 International Blvd.  
Mill Spring, NC 28756

**REGISTRATION FEE: \$35.00**  
**REGISTRATION CUTOFF: 12:00 Noon 1/20/24**  
**REGISTRATION LIMIT: 500**  
**REGISTRATION AT: [www.trackwrestling.com](http://www.trackwrestling.com)**

-This event is licensed by the Amateur Athletic Union of the U.S. Inc.  
-All participants must have a current AAU membership  
-AAU membership may not be included as part of the entry fee to the event.  
-AAU **Youth** athletic membership must be obtained before the competition begins except where event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.  
-Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

**\*There will be a Parking Fee of \$5**

SPECTATOR FEE: **\$10 FAMILY, \$5 ADULTS, \$2 CHILDREN**

WEIGH INS **Sunday Morning @ 7-8am: Tot, Bantam, Midget**  
**Sunday Morning @ 10am-11am Junior, MS**

**COACHES' MEETING: @ 8:30 am**  
**WRESTLING STARTS: Morning Session @ 9 am Tot thru Midget**  
**Afternoon Session begins immediately following morning session**  
Junior, Middle School boys and girls.

TOURNAMENT USING: STANDARD AAU WEIGHTS  
MATCH TIME: **Tot, Bantam, Midget 1 MINUTE PERIODS,**  
**Junior, Middle School, Middle School Girls 1:30 MINUTE PERIODS**

**AWARDS: 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> in each weight class**

**MUST PROVIDE BIRTH CERTIFICATE AND PROOF OF SCHOOL GRADE ENROLLMENT**

*There is no weight allowance. **Weigh in uniform is singlet, no socks or shoes.** You will not be allowed to strip down to underclothes and you will not be allowed to leave the weigh in room to run. If you do not make weight you will be scratched or **pay \$10 re-bracket fee.** There will be no refunds.*

**DIRECTOR CONTACT INFO: Stan Chambers [thematroom@yahoo.com](mailto:thematroom@yahoo.com) Cell 919-400-1958**

*Standard AAU Weights\*\**

TOT	2018- After	35,40,45,50,55, HWT
BANTAM	2016 -2017	40,45,50,55,60,65,70,75, 80, 90, HWT
MIDGET	2014 - 2015	50,55,60,65,70,75,80,85,90,95,103,112,120,130,HWT
JUNIOR	2012 - 2013	60,65,70,75,80,85,90,95,100,105,112,120,130,140,HWT
Middle School	2009 - 2011	72,78,86,94,100,108,115,123,130,140,150,165,180,220, HWT
Middle School Girls	2009 - 2011	53, 58, 65, 73, 82, 91,100, 115,130, HWT

No 9<sup>th</sup> Grader, 6<sup>th</sup> grade juniors may enter the middle school division if so desired. \*\* Tournament director reserves the right to alter weight classes. 5<sup>th</sup> grade girls are allowed to wrestle in the middle school girls division. \* if we are not able to fill a girls division will have the option to join the boys.

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

AAU Number: \_\_\_\_\_

<i>Division</i>	<i>Weight Class</i>

*In consideration of your acceptance to my entry, I and my legal heirs/guardians do hereby waive and release any and all claims for damages I may have against the hosting site, organization/club, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by me in connection with the tournament named above. I have reviewed the flyer for this tournament and agree to all rules, guidelines, and additional waiver information printed.*

\_\_\_\_\_  
Wrestler Signature

\_\_\_\_\_  
Parent (Legal Guardian) Signature

\_\_\_\_\_  
Date