

Colorado AAU AREA 20 REGINAL Meet  
Track & Field  
June 3, 2018  
FT.LUPTON, CO 80621



DATE: June 2, 2018  
LOCATION: Weld county High School Track  
301 Reynolds ST  
FT. Lupton, CO 80621  
SPONSERED BY: PLATTE RIVER TRACK CLUB  
HOST: John Martinez, 720-422-0591,  
Anita Addison 303-263-2319 [crash1313@msn.com](mailto:crash1313@msn.com)  
DEADLINE: JUNE 1, 2018 at 10 pm mountain time  
Registration will be online through [www.CoachO.com](http://www.CoachO.com) . No on-site Registration.  
Competition is open to all AAU athletes.  
You much have a current AAU Membership  
FEE: \$7 per event  
AGE: 8 under-18 (age as of 12/31/18)  
8 under primary, 9 sub-bantam, 10 bantam, 11 sub-midget, 12 midget, 13 sub-youth,  
14 youth, 15-16 intermediate, 17-18 young

ORDER OF EVENTS Track (Starts 10:00 am)

3000m Run (SM, M, SY, Y, I YW/YM,) Javelin (SY, Y, I, YW/YM)  
4 X 8 Relay (SM,M)(SY, Y)(I)(YM/YW) Discus (SM, M, SY, Y, I, YW/YM)  
100m Final (P, SB, B, SM, M, SY, Y, I YW/YM) Long Jump (P, SB, B, SM, M, SY, Y, I, YW/YM)  
80m Hurdles (SM,M) High Jump (SB, B, SM, M, SY, Y, I, YW/YM)  
100m Hurdles (SY, Y, IG,YW) Shot Put (P, SB, B, SM, M, SY, Y, I, YW/YM)  
110M Hurdles ( IB, YM) Triple Jump (SY, Y, I, YW/YM)  
4X100M Relay (P)(SB,B,)(SM, M)(SY,Y)( I) (YW/YM)  
1500m Run (P,SB, B, SM, M, SY, Y, I, YW/YM)  
1500m Race walk (SB, B, SM, M)  
3000M Race walk (SY, Y, I, YW/YM)  
400m finals (P, SB, B, SM, M, SY, Y, I, YW, YM) SHOT PUT\*4lb P, 6lb SB, B,SM,M  
200m hurdles (SY,Y) \*6lb SYG,YG, 4KG SYB,YB,IG,YM,  
400m hurdles (I, YW/YM) \*12LB IB,YM  
800m run (P, SB, B, SM, M, SY, Y, I, YW/YM) DISCUS: 1KG SM, M, SY,Y,IG,YW  
200m finals (P, SB, B, SM, M, SY, Y, I, YW/YM) 1.6KG IB,YM  
4X400m relay (SB,B)(SM,M) (SY, Y)( I) (YW/YM)

- ? This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- ? All participants must have a current AAU membership.
- ? AAU membership may not be included as part of the entry fee to the event.
- ? AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**Be Prepared:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

- ? Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

? **Note:** any contacts listed within this flyer **MUST** have a current AAU Membership.

FOR MORE INFORMATION:  
John Martinez  
720-422-0591 or 303-263-2319