

2023
ADIRONDACK ASSOCIATION
AAU KARATE
DISTRICT CHAMPIONSHIP

Troy, NEW YORK
April 29th, 2023



Adirondack District Chair/Regional Director

Shihan Tony Butler, Jr.

e-mail: shihanbutler@gmail.com

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aasports.org to obtain their membership

2022 AAU ADIRONDACK DISTRICT KARATE CHAMPIONSHIPS

EVENT INFORMATION

RULES & REGULATIONS

Tournament

Adirondack District Chair/Regional Director:
Shihan Tony Butler, Jr

Host: AC-TKO
100 Broadway Suite 5
Menands NY, 12204

Date: April 29th, 2023
Location: 80 Vandenburgh Avenue,
Troy NY, 12180
Start Times: Tournament begins – 9:30 a.m.
Age: 5 – Adult (individual competition)
Competition: Kata (form), Kobudo (weapons) and, (adult)
Kumite (sparring)
Rules: AAU
Sanctioned By: Amateur Athletic Union of the U.S.
Spectator Fees: Spectator admission: \$10.00

Competitors: Please note: Ages may be combined by
experience level. This tournament is a
Qualifier for the Regional Championships.

****Mandatory Equipment**

White Naugahyde/leather fist guards
(AAU approved)

White foam face headgear with face
shield (AAU approved) - ages 18 and
under Groin cup protector (males)
Mouth guards

****Optional Equipment**

White cloth shin pads (adult)
White cloth shin/instep pads (youth)
White foam open face headgear

DRESS CODE

THE OFFICIAL AAU KARATE PATCH MUST BE WORN FOR THIS COMPEITION (SEWN ON GI)
BEGINNERS MUST WEAR WHITE BELT
NOVICES MUST WEAR GREEN BELT
INTERMEDIATES MUST WEAR BROWN BELT
ADVANCED COMPETITORS MUST WEAR BLACK BELT

Traditional white Gi (no piping or stripes)
No rolled sleeves or cuffs
Pants must be $\frac{3}{4}$ lengths (between ankle and knee)
Sleeves must be $\frac{3}{4}$ lengths (between wrist and elbow)
Females must wear plain white T-shirt or white sports bra under top
No headbands or jewelry

*****TOURNAMENT ADDRESS*****

**HVCC 80 Vandenburgh Avenue
Troy NY, 12180**

2023 AAU ADIRONDACK DISTRICT KARATE CHAMPIONSHIPS

TOURNAMENT SCHEDULE

April 29th, 2023

8:00 AM Sign in and registration
8:30 AM Opening ceremonies
9:30 AM Competition to begin

STAGING SCHEDULE

9:30 AM KATA, KOBUDO, KUMITE

All 16 years and older Advanced (male and female)
All adult and senior (male and female) Beginner, Novice and Intermediate

9:45 AM All 5 – 8-year-old male and female Beginners and Novice

10:00 AM All 5 – 8-year-old male and female Intermediate and Advanced

11:00 AM All 9 – 12-year-old male and female Beginner and Novice

12:00 PM All 9 – 12-year-old male and female Intermediate and Advanced

1:00 PM All 13 – 18-year-old Beginner and Novice male and female

2:00 PM All 13 – 15-year-old Intermediate and Advanced

All TEAM Competitors

We reserve the right to combine Divisions

***Times may vary slightly on the actual day of competition.**

**AWARDS: Medals to the top 3 (Gold / Silver / Bronze)
Kumite: Double Thirds**

2023 Adirondack Association Karate Championships TEAM APPLICATION

TEAM NAME: _____ CITY: _____ STATE: _____

WE WILL PARTICIPATE AS A:

- Pee Wee Team (*Ages 5-8*) Junior Team (*Ages 9-12*)
- Youth Team (*Ages 13-15*) Teen Team (*Ages 16-18*)
- Collegiate Team Adult Team (*Ages 19-34*)
- Senior/Master Team (*Ages 35+*)

THIS TEAM CONSISTS OF:

- All Male Members All Female Members Combined *

THIS TEAM WILL COMPETE IN THE FOLLOWING EVENTS:

- Kobudo Kata Kumite (Sanbon)

PLEASE NOTE: *Please see Coach Eric as this event will be To Be Determined*****

1. Team participation level is determined by the age of the OLDEST Team Member (kata / kobudo)
2. All members of a kumite team **Must be the same sex and in the same age category**
3. Team Members MAY NOT compete in multiple levels (*i.e., Collegiate and Adult*)
4. * Under 19 may combine sexes in Teams in Kobudo and Kata ONLY!!

Fees Owed: \$35.00 for all Events

_____ One Event
 _____ Two Events
 _____ Three Events
 \$ _____ Total Fees Paid

NAME	2022-23 AAU #	AGE
1.		
2.		
3.		

Adult and Minor Athletic Waiver and Release of Liability

In order for my child(ren) or me to participate in the 2023 AAU Karate Association Championships and Qualifier, I agree to assume the risks incidental to such participation (risks may include, among other things, muscle injuries and broken bones) and, on my own behalf and on behalf of my heirs, executors, and administrators, release and forever discharge the released parties defined below, of and from all liabilities, claims, actions, damages, costs or expenses of any nature arising out of or in any way connected with the participation of my child(ren) or me in such activity and further damages, costs or expenses, including, but not limited to, attorney’s fees and disbursements. For this event, the released parties are The Albany Council of Traditional Karate-Do, its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event. I understand that this release and indemnity agreement includes any claims based on the negligence, action or inaction of any of the above released parties and covers bodily injury (including death) and property damage, whether suffered by myself or my child(ren), before, during, or after such participation. I declare that I and/or my child(ren) are physically fit, are a current 2022-23 AAU member, and have the skill level required to participate in this particular event. I further authorize medical treatment for my child(ren) or myself at my costs, if the need arises. I grant the released parties the right to photograph and/or videotape me and/or my child(ren) and further to use our name, face, likeness, voice and appearance in connection with the exhibitions, publicity, advertising, and promotional materials without reservation or limitation.

Signature of Competitor

Signature of Parent/Guardian (if under age 19)