



# 2019 Maryland AAU District Swimming Championships July 9, 2019

**Purpose:** The purpose of the 2019 AAU Maryland Swimming District Championships is to provide an opportunity for swimming competition among Maryland's AAU swim teams in a long-course pool. This meet will also provide an opportunity for swimmers to advance to the 2019 AAU Junior Olympics.

First, second, and third place finishers in individual events under 400M, will qualify for the AAU Junior Olympic Games. Swimmers must place in the District Championship in the age division they will compete in during the AAU Junior Olympic Games. In addition, swimmers who meet or beat the U.S. Swimming long-course "BB" time standards for events under 200M are eligible to compete in the AAU Junior Olympics events where they meet the minimum time standards.

**District Qualifier Meet Staff:** Antoinette DuBose – Sport Director & Meet Director 443-794-8967 (ndubose1744@aol.com)  
Neil Parrott – Assistant District Director – 240-313-5493  
aprilandcoachneil@hagerstownareasummerswim

**Hosted By:** Hagerstown Area Summer Swimming (HASS) [www.hagerstownareasummerswimming.org](http://www.hagerstownareasummerswimming.org) HASS is pleased to be able to offer a local, long-course meet to allow swimmers to qualify for the AAU Junior Olympic Games to be held in Iowa from July 27, 2019. This meet could also serve as a great way to introduce swimmers to swimming long-course meets. **Please note that this will be our third year hosting an event of this type. Starts will begin from the edge of the pool deck without blocks, and the times will be taken using three stop watches per lane.** We hope to grow this meet to serve our Maryland AAU swimmers by adding new swim equipment each year.

**Location:** The meet will be held at Potterfield Pool, a 50-Meter long-course pool, the same length as the pool where the AAU Junior Olympics will be held. The pool is an 8-lane pool which has overhead lighting.

**Pool Address:** 730 Frederick St, Hagerstown, MD 21740.

**Schedule:** Warm-Up Times are approximate and are subject to change. Warm-up schedule by team will be posted online on July 8th, 2019.

Tuesday, July 9<sup>th</sup>; *All ages* –Warm-Ups: 4 PM, Start: 5 PM.

**Rain date:** The meet will be held rain or shine except for electrical storm. In that case, we will try to complete the meet in the times provided. If additional time is needed resulting from weather, it will be held Thursday, July 11<sup>th</sup>. Warm-Ups: 4 PM, Start: 5 PM. swimmer. Entries will not be accepted without current registration numbers for AAU registered athletes. Proof of AAU registration must be sent in with entries. Participants are encouraged to go to [www.ausports.org](http://www.ausports.org) to obtain membership before registering for the meet.

**Eligibility:** All Maryland AAU registered swimmers on Maryland AAU registered teams are eligible. In addition, AAU members not on a Maryland AAU Team may also participate as an unattached swimmer. Entries will not be accepted without current membership numbers for AAU registered athletes. Proof of AAU registration must be sent in with entries. Participants are encouraged to go to [www.aausports.org](http://www.aausports.org) to obtain membership before registering for the meet.

**Entries:** In order to correspond appropriately with the AAU Junior Olympic Meet, the Athlete's age will be determined based on the first day of the J.O. competition in North Carolina, July 25, 2019.

Each swimmer may enter a total of **three (3) individual and two (2) relay events for Thursday's competition.** Swimmers MUST swim in their age group for individual events. Swimmers MAY swim up in age group for the relay events, but may still only compete in 1 free relay and 1 medley relay.

Each swim team may enter as many relay teams as they wish.

<u>Entry Fees:</u>	Free – Meet Entry Fee \$3 Per Individual Event \$12 Per Relay Event
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All entries for individual events and relays must be listed on an official entry form. Entries may be in yard times OR meter times (we will convert to Long-Course Meter times for seeding.) However, teams must be consistent for all of their swimmers--either all yard times, or all meter times. Coaches should indicate course used for seed times, but all will be converted to long-course meters. [Coaches Note: Some community pools are neither 25 yards nor 25 meters. Coaches are responsible for considering the length of their own pool when converting to yards or meters for the entry forms.]

Deck seeds will be accepted as open water heats allow (extra heats will not be added). Cost of deck seed is the same as regular entry fees.

All fees and entries must be received no later than 12:00 noon, Monday, July 8<sup>th</sup>, 2019. Please e-mail meet entry file to April and Neil Parrott at the email address noted below. Mail entry summary form, payment, and proof of AAU membership to the Parrott's at the address listed below. All checks should be payable to "HASS". Send ENTRY FORMS and CHECKS to:

April Parrott  
20005 Lindenhurst Court  
Hagerstown, MD 21742  
email: [aprilandcoachneil@hagerstownareasummerswimming.org](mailto:aprilandcoachneil@hagerstownareasummerswimming.org)  
Phone: (240)235-6521

***Please make entry Fees Payable to: HASS***

**Volunteers:** Each team is expected to supply both timers and officials, depending on team size. For questions on officials, please contact [aprilandcoachneil@hagerstownareasummerswimming.org](mailto:aprilandcoachneil@hagerstownareasummerswimming.org).

**Age Groups:** 8U, 9-10, 11-12, 13-14, 15-18

**Awards:** Medals 1-3 and ribbons 4-8. Since we are uncertain of the meet entries, the medals and ribbons will be ordered after the meet and delivered to the coaches after the meet.

## ADDITIONAL INFORMATION

Programs: Programs will be sold at the meet. Price will be \$2.00 per session.

Warm Up Schedule: The Warm Up lane assignments will be provided to the coach the day of the meet. The warmup times will be assigned the day before the meet and provided to the coaches.

Results: Results will be posted on the website ([www.hagerstownareasummerswimming.org](http://www.hagerstownareasummerswimming.org)) following the meet.

Concessions: HASS Swimming will provide food and beverage's for sale throughout the meet.

Coaches: To ensure you are on the mailing list to receive official meet announcements, please contact April and Neil Parrott, [aprilandcoachneil@hagerstownareasummerswimming.org](mailto:aprilandcoachneil@hagerstownareasummerswimming.org). At the meet, coaches will be provided meal tickets to use at the concession stand.

Meet Notice: This Meet Notice is posted on the HASS Swimming Web site-  
"https://hass.teamapp.com/documents"

Clerk of Course: There will be a Clerk of Course for all sessions. Swimmers, regardless of age, should report early to the Clerk of Course prior to their event.

Meet Inquiries: Meet staff will be unavailable to answer any meet-related questions after 7pm on Monday, July 8th.

Timers: **Teams will be given timer lane assignments based on the number of entries per Session. The timer schedule for each session will be posted on July 8th. Please bring stopwatches for your team. For this meet, 3 handheld timers will be used at the end of the 8 lanes with two pool backup timers.**

Starter/Stroke & Turn: **Each team are requested to provide 1 stroke & turn OR Starter volunteer to work one session of the meet.** If you have the ability to provide additional stroke & turn volunteers, that would be greatly appreciated. Please send all stroke & turn volunteer names to [aprilandcoachneil@hagerstownareasummerswimming.org](mailto:aprilandcoachneil@hagerstownareasummerswimming.org).

This event is licensed by the Amateur Athletic Union of the U.S.,Inc.

**All participants must have a current AAU membership.**

**AAU membership may not be included as part of the entry fee to the event.**

**AAU Youth Athlete membership must be obtained before the competition begins.**

**BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed.**

**Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.**

## DAY 1 EVENTS, Thursday:

1 Mixed 15-18 200 Medley Relay  
2 Mixed 13-14 200 Medley Relay  
3 Mixed 11-12 200 Medley Relay  
4 Mixed 9-10 200 Medley Relay  
5 Mixed 8 & Under 200 Medley Relay  
6 Girls 13-14 100 Backstroke  
7 Boys 13-14 100 Backstroke  
8 Girls 15-18 100 Backstroke  
9 Boys 15-18 100 Backstroke  
10 Girls 8 & Under 50 Freestyle  
11 Boys 8 & Under 50 Freestyle  
12 Girls 9-10 50 Freestyle  
13 Boys 9-10 50 Freestyle  
14 Girls 11-12 50 Freestyle  
15 Boys 11-12 50 Freestyle  
16 Girls 13-14 50 Freestyle  
17 Boys 13-14 50 Freestyle  
18 Girls 15-18 50 Freestyle  
19 Boys 15-18 50 Freestyle  
20 Girls 8 & Under 50 Backstroke  
21 Boys 8 & Under 50 Backstroke  
22 Girls 9-10 50 Backstroke  
23 Boys 9-10 50 Backstroke  
24 Girls 11-12 50 Backstroke  
25 Boys 11-12 50 Backstroke  
26 Girls 8 & Under 50 Breaststroke  
27 Boys 8 & Under 50 Breaststroke  
28 Girls 9-10 50 Breaststroke  
29 Boys 9-10 50 Breaststroke  
30 Girls 11-12 50 Breaststroke  
31 Boys 11-12 50 Breaststroke  
32 Girls 13-14 100 Breaststroke  
33 Boys 13-14 100 Breaststroke  
34 Girls 15-18 100 Breaststroke  
35 Boys 15-18 100 Breaststroke  
36 Mixed 8 & Under 200 Freestyle Relay  
37 Mixed 9-10 Freestyle Relay  
38 Mixed 11-12 200 Freestyle Relay  
39 Mixed 13-14 200 Freestyle Relay  
40 Mixed 15-18 200 Freestyle Relay  
41 No Event  
42 Girls 8 & Under 50 Butterfly  
43 Boys 8 & Under 50 Butterfly  
44 Girls 9-10 50 Butterfly  
45 Boys 9-10 50 Butterfly  
46 Girls 11-12 50 Butterfly  
47 Boys 11-12 50 Butterfly  
48 Girls 13-14 100 Butterfly  
49 Boys 13-14 100 Butterfly  
50 Girls 15-18 100 Butterfly  
51 Boys 15-18 100 Butterfly  
52 Girls 10 & Under 200 IM\*\*  
53 Boys 10 & Under 200 IM\*\*

54 Girls 11-12 200 IM\*\*  
55 Boys 11-12 200 IM\*\*  
56 Girls 13-14 200 IM\*\*  
57 Boys 13-14 200 IM\*\*  
58 Girls 15-18 200 IM\*\*  
59 Boys 15-18 200 IM\*\*

### Notes:

\*\* - the 200 IM could be moved to Monday Morning if the meet is running past 9:30 PM

1) Mixed Relay may be 2 boys & 2 girls or 1 boy & 3 girls

2) Events will be combined as needed to help the meet. move faster, but awards will follow this schedule.

3) Depending on meet registration events could be eliminated. Teams will be contacted before any changes are made.

2019 AAU Maryland Swimming District Championships

# ENTRY SUMMARY SHEET

Team Name: \_\_\_\_\_

Team Abbrv: \_\_\_\_\_

Coach's Name: \_\_\_\_\_

Phone No: \_\_\_\_\_

**ALL ENTRY TIMES ARE FROM (Check One):**

**50 Meters**

**25 Meters**

**25 Yards**

	Girls	Boys	Total	X Fee	Total Due
# of Swimmers				FREE	
Individual Entries				X \$3.00	
Relay Entries				X \$12.00	
				<b>Total Fee</b>	

Make Check Payable to "Hagerstown Area Summer Swimming" (HASS)

Coach's Signature: \_\_\_\_\_

Coach's Email \_\_\_\_\_

Preparer's Name: \_\_\_\_\_

Preparer's Phone # \_\_\_\_\_

Preparer's Email: \_\_\_\_\_

Team Parent Representative \_\_\_\_\_ Phone # \_\_\_\_\_

Team Parent Rep Email \_\_\_\_\_

Mail/Deliver your Check, swimmer waiver form, and signed entry summary sheet to:

**April Parrott (Checks should be payable to HASS)  
20005 Lindenhurst Court  
Hagerstown, MD 21742**

If you have any questions regarding entries, please e-mail [aprilandcoachneil@hagerstownareassummerswimming.org](mailto:aprilandcoachneil@hagerstownareassummerswimming.org). Meet entry file should be e-mailed there as well, **No later than 12 Noon on Monday, July 8<sup>th</sup>, 2019.** Please ship your entry package to the above address.

Meet Staff Use	
Check No:	
Date:	
Amount:	
Overpmt:	
Underpmt:	