

| >>> | TRACK EVENTS BEGIN AT 8AM |
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| $\mathbf{1 5 0 0 m}$ Race walk | Ages: 9-12 |
| $\mathbf{3 0 0 0 m}$ Run | Ages: 11-12, 13-14, 15-16, 17-18 |
| $\mathbf{1 1 0 / 1 0 0 / 8 0 ~ H u r d l e s ~}$ | All Divisions Staring with 110 hurdles (Home Side) |
| $\mathbf{5 0 m}$ Munchkin Run | Ages: 5 and under (Visitor Side) |
| $\mathbf{1 0 0 m}$ Dash | All Divisions (Visitor Side) |
| $\mathbf{8 0 0 m}$ Dash | All Divisions |
| 4x100m Relay | All Divisions |
| $\mathbf{4 0 0 m}$ Run | 14 and up (only) |
| 200m Dash | Ages: 12 and under (only) |
| $\mathbf{2 0 0 m}$ Hurdles | Ages: 13-14 |
| 400m Hurdles | Ages: 15-16, 17-18 |
| 1500m Run | Ages: 9-10, 11-12, 13-14, 15-16, 17-18 |
| 4x400m Relay | All Divisions |
| >>> | FIELD EVENTS BEGIN AT 9AM |
| Discus | Ages: 11-12, 13-14, 15-16, 17-18 |
| Turbo Javelin | Ages: (8 and under), 9-10, 11-12 |
| Shot Put | Ages: 9-10, 11-12, 13-14, 15-16, 17-18 |
| Long Jump | Ages: (8 and under), 9-10, 11-12, 13-14, 15-16, 17-18 |
| Triple Jump | Ages: 13-14, 15-16, 17-18 |
| High Jump | Ages: 9-10, 11-12, 13-14, 15-16, 17-18 |

MEET RULES: All Events will be on a rolling schedule. Track Events begin at 8am. Field events will begin PROMPTLY at 9am. Note, field events for Primary through Midget will be a three jump/throw final. Field events for Youth through Young Women/Men will be a three jumps/throws final. All USA Track and Field rules will be in effect for this meet. Participants must have an armband to compete. This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event, AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website www. aausports.org to obtain their membership. ALL Coaches will be admitted FREE with USATF Card. Medals will be awarded to the three finishers in each event. For additional information, please contact Coach Bobby Johnson @ 817-602-9552.

