



***2023 AAU Connecticut DISTRICT
QUALIFIER Licensed by the Connecticut AAU***

Date: Sunday June 11th
Site: Bowen Field, New Haven CT
Host: New Haven Age Group Track Club
Meet Director: Shauntaye Williams-Monroe

Divisions contested based on birth year as of 12/31/23 -

**Division 1: 8 and under, Division 2: 9 years old, Division 3: 10 years old,
Division 4: 11 years old, Division 5: 12 years old, Division 6: 13 years old,
and Division 7: 14 years old Division 8: 15-16 years old, Division 9: 17-18 Years Old**

**Entry Information: \$20.00 PER ATHLETE. REGISTRATION IS PRE-ENTRY ONLY.
REGISTRATION WILL BE ONLINE ONLY at <http://www.coacho.com>. Click on “Help” box for
more detailed instructions on how to register and submit your entry. AAU registration number is
necessary for online registration. REGISTRATION DEADLINE IS MIDNIGHT Thursday June 8th.
Additions and corrections can be made continuously online up to the midnight deadline date. NO
CHANGES WILL BE MADE AFTER the DEADLINE!**

Divisions 1-5 are restricted to 3 events, including relays. Division 6-9 are restricted to 4 events, including relays. **All entry fees are to be paid online at the end of registration via credit card (Visa,Master Card).** All Athletes must have proof of age (i.e. copy of birth certificate, passport or copy of AAUMembership Card with birth validation) at the Championship Meet. Multi-Events, Javelin and Pole Vault will not be contested at this meet. ****All uncontested events must be registered through online registration for Region Championships. THERE WILL BE NO REFUNDS OR TRANSFERS.** Submit relays online. But, also list relay on individual entry (even if athlete is an alternate – it will count towards entry limit).

AAU Notice

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- **Note: any contacts listed within this flyer MUST have a current AAU Membership.**

AGE DIVISIONS

8 and under

100M	1500M	LJ	400	TURBO JAV
200M	4X100 RELAY	SP	800M	

9 years

100M	400M	LONG JUMP	SHOT PUT (6 LBS)
200M	800M	4 X 100 RELAY	1500M
1500RW	4 X 400 RELAY	HJ	TURBO JAV

10 years

100M		1500M	SHOT PUT (6 LBS)
200M		1500M WALK	4 X 100 RELAY
400M		LONG JUMP	4 X 400 RELAY
800 M		H15/16GH	TURBO JAV

11 Years

100M	1500M	80M HURDLES	4 X 100 RELAY
200M	3000M	H15/16GH JUMP	4 X 400 RELAY
400M	1500M WALK	SHOT PUT (6LBS)	4 X 800 RELAY
800M	LONG JUMP	DISCUS (1K)	TURBO JAV

12 Years

100M	1500M	80M HURDLES	4 X 100 RELAY
200M	3000M	H15/16GH JUMP	4 X 400 RELAY
400M	1500M WALK	SHOT PUT (6LBS)	4 X 800 RELAY
800M	LONG JUMP	DISCUS (1K)	TURBO JAV

13 years

100M	3000M WALK	LONG JUMP
200M	4 X 100 RELAY	TRIPLE JUMP
400M	4 X 400 RELAY	H15/16GH JUMP
800M	4 X 800 RELAY	SHOT PUT (B-4K)
1500M	100M HURDLES (B-33")	SHOT PUT (G-6 LB.0)
3000M	100M HURDLES (G-30")	DISC (1K)
	200M HURDLES (30")	

14 years

100M	3000M WALK	LONG JUMP TRIPLE JUMP
200M	4 X 100 RELAY	H15/16GH JUMP SHOT PUT
400M	4 X 400 RELAY	(B-4K)
800M	4 X 800 RELAY	SHOT PUT (G-6 LB.0)
1500M	100M HURDLES (B-33")	
3000M	100M HURDLES (G-30")	JAVELIN THROW
	200M HURDLES (30")	DISC (1K)

DIVISION (15, 16, 17, 18older,)

100M	3000M	LONG JUMP
200M	4 X 100 RELAY	TRIPLE JUMP
400M	4 X 400 RELAY	H15/16GH JUMP
800M	4 X 800 RELAY	SHOT PUT (G4K)
1500M	110M HURDLES (B42")	
		SHOT PUT (B12 LB)
3000M	100M HURDLES (G33")	
		DISC (G1K) (B1.6)
		400M HURDLES (G30") (B39")

ORDER OF FIELD EVENTS-10:30AM

LONG JUMP
High JUMP
SHOT PUT

DISCUS

TURBO JAV

ORDER OF Running EVENTS 11:00AM

4 X 800 RELAY	FINAL
3000M RUN	FINAL
4 X 100M RELAY	FINAL
1500M WALK	FINAL
400M	FINAL
1500M	FINAL
100M	Semi/FINAL Immediately follows Semis
80M HURDLES	Semi/FINAL Immediately follows Semis
800M	FINAL
200M	FINAL
4 X 400M RELAY	FINAL

*There are no separate fees for relays. All relay participants must be a registered athlete, registered in this meet. All alternates must be registered athletes, even though they may not have an individual event.

AWARDS: Top (3) three athletes and relay teams will receive medals. Top (16) athletes and top (4) relays competing in this meet will qualify for the Region I Championships.

- **All challenges to meet results must be initiated and resolved same day of meet.**
- **If you leave meet without a resolution; results will stand as posted. Only the Meet Director has the authority to authorize changes to meet results. (This does not pre-empt the protest rule, which is \$50 to file). This pertains only to errors in posted time, place and mark. Protest applications may be picked up at the Press box. **Judgment calls will not be considered for protest.****
- **NO changes to results will be made after District Qualifier weekend. Per AAU 2016 guidelines there is no additional Challenge period.**
- **The District Qualifier meet directors must resolve all issues at that District Qualifier. The Region Championship will not review nor resolve any District issue.**

Packet Pick up: Sunday 9:30am at the track.

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AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

