



## **NGWL AAU Wrestling Tournament League** **Dates January 7, 2023 – August 1, 2023**

**NGWL tournaments to be held in several North Georgia locations to be determined for the following dates:**  
1/7/23, 1/8/23, 1/14/23, 1/15/23, 1/21/23, 1/22/23, 1/28/23, 1/29/23, 2/4/23, 2/5/23, 2/11/23, 2/12/23, 2/18/23,  
2/19/23, 2/25/23, 2/26/23, 3/4/23, 3/5/23, 3/11/23, 3/12/23

Event Schedule is as follows: - All times are: Eastern Standard Times

Weigh-ins: All wrestlers must show AAU card at weigh in time.

**WEIGH INS - from 6:45-7:15am for morning session and 11:45-12:15pm for afternoon session**  
**Morning Session: Tots, Midgets and Middle School: 7:30 am Coaches Scratch meeting Wrestle at 8:00am**  
**Afternoon Session: Bantams and Juniors: 12:30 pm Coaches Scratch meeting Wrestle at 1:00pm**

**\*Weigh-ins will be done in singlet with a one-pound allowance only.**  
**Wrestlers not making registered weight must pay an additional \$20 for a bump up & bracket change**

**Tournament Participants for Kids of the following ages:**

- **Tot 2017 and after - Bantam 2015-2016 - Midget 2013-2014 - Junior/Novice 2011-2012 - Middle School/Schoolboy 2008, 2009 & 2010 (No High School Wrestlers Allowed)**
- **Middle School: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 250**
- **Junior: 60,65,70,75,80,85,90,95,100,105,112,120,130,140, HWT**
- **Midget: 50,55,60,65,70,75,80,85,90,95,103,112,120,130,HWT**
- **Bantam: 40,45,50,55,60,65,70,75,80,90, HWT**
- **Tot: 35, 40, 45, 50, 55, HWT**

**Mandatory Pre Registration online @ [www.trackwrestling.com](http://www.trackwrestling.com) Late Registration: \$20.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)**

**Include: Name, Ranking (1-5), DOB, Weight class, AAU Membership #**

**Awards: Medals: 1st through 4th place finishers in each division.**

**Registration Cost: \$10.00 plus current AAU membership card is required.**  
**Late Registration: \$20.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)**

**Admission: \$ 6.00 Adults and \$ 3.00 Students**  
**Coaches Entry: Current AAU membership card required to be on the floor coaching an athlete.**  
**1 coach per 5 wrestlers not to exceed 8 coaches - NO EXCEPTIONS!**

**This event is licensed by the Amateur Athletic Union of the U. S., Inc - All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.**

**FOR ADDITIONAL INFORMATION CONTACT:**  
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